

JET LEG DETOX WRAP

with Katari Argil, Hoba (and native Aloe)
IMPROVED CIRCULATION | DETOX | SKIN CELL REPAIR



TREATMENT PROTOCOL:

TREATMENT TIME: 45-60 minutes

PRICE: TBD

APPLICATION TECHNIQUE:

1. Mix 5 parts Argil and 1 part Aloe powder in a deep (non-metal) mixing bowl. Slowly add hot water to create a loose mixture. (1 oz Argil + 0.2 oz Aloe + 2.5 oz water). Keep mixture in the warmer until ready to apply. It will cool down quickly during application.
2. Prepare body to help boost circulation by either a) dry brushing, b). infrared or other sauna, c). massage
3. Apply Hoba oil (warm it up if possible). 1 oz should be sufficient for entire body; Hoba is a connector oil and will help carry nutrients from Argil into skin and add extra moisturizing effect.

4. Ways to apply Argil wrap:

- a). gauze wrap soaked in Argil water
 - b). muslin sheet soaked in Argil water
- wrap with plastic right after application with gauze / muslin
- c). laying customer on top of a plastic sheet and applying Argil mixture one part at a time and wrapping each part immediately after application not to lose heat

5. A thin layer covering skin is sufficient for complete benefit.

6. Cover customer with heated blanket or use floatation room equipment to maintain warm body temperature, without overheating.

7. If wrap is not administered in a floatation suite, can proceed with scalp or feet massage, taking care to keep customer warm.

8. After 30-45 minutes can start removing wrap, depending on

method of application and type of room used.

- a). gauze or muslin can be used to remove most of the product with one pass, followed by one pass with hot towel for each leg, arm and torso
- b). if customer was wrapped in plastic, it might be easier to assist him/her to the shower using a disposable robe and heated towel on the neck & back to prevent heat loss.

If possible, help customer remove some of the product from the back and hard to reach areas prior to assisting him/her to the robe and to the shower.

9. After shower, apply Hoba to provide extra softness to skin and help create moisture barrier



K A T A R I

JET LEG TREATMENT WITH ARGIL

Argil promotes blood circulation, deeply cleanses and detoxifies skin, while nourishing skin with powerful micro elements critical for skin-cell regeneration and natural collagen production.

INGREDIENTS | EQUIPMENT NEEDED

- Argil powder, Aloe powder, Hoba oil, Hot water
- Gauze (or muslin sheet), plastic wrap, non-metal mixing bowl, non-metal mixing utensils, body brush for application, hot towels, disposable robe, heated blanket, clean sheet

MIXING TIPS WITH GAUZE

- make loose Argil mixture in a shallow non-metal container (glass Pirax container for cooking with a plastic lid is suitable) and dip gauze (3-ply 6-7" wide) to soak Argil mixture into gauze; roll Argil-soaked gauze and keep it in the container or in the warmer until application
- prepare 1 day in advance or in the morning
- keep a few extra gauze rolls handy for different body types to apply as needed
- for long gauze rolls, make a knot at the end of gauze roll so that it is easy to find the end during application and removal

APPLICATION | REMOVAL TIPS

- apply Argil mixture to areas with a lot of lymph nodes (neck, armpits, groin area) as long as customer is comfortable with it, make sure to apply Hoba to the same areas
- if possible, apply to entire front and back of the body
- apply quickly not to lose heat and not to let mixture cool down (customer will stay warm as long as each body part is worked on separately and covered quickly)
- if removing product vs. letting a customer wash off in the shower, unwrap one part at a time, using gauze to scoop and remove most of the product with a motion

moving gauze against skin from top to bottom; Argil should be still wet and should remove easily

- Use a hot towel to remove the rest of the product one part at a time, keep the rest of the body covered and warm
- Apply Hoba to skin after removing product with hot towel; Hoba will soak into skin quickly and will not stain clothing (it is a liquid wax, not a typical oil)
- If customer is wrapped with plastic vs. gauze as a main wrapping medium, place hot towel on the neck and back and help customer remove most of the product; help customer to the shower with a disposable robe on; after shower, apply Hoba oil throughout areas where treatment was administered

TREATMENT INDICATIONS

- **DO NOT USE** Argil if customer is undergoing chemotherapy; Argil is a very powerful detoxifying natural product and might interfere with the chemicals in the treatments (this has not been studied or evaluated)
- **OK TO USE** on skin with problems of any kind (dermatitis, psoriasis, acne, bruising, etc).
- **DO NOT** overheat body and execute caution for pregnant women, who might overheat more easily; partial wrap (legs, arms, décolleté might be more suitable)

INGREDIENTS

Argil - 100% Tunisian Green Clay, rich in Iron, Calcium, Magnesium, Gypsum, hundreds of trace minerals and organic plant matter from the ancient seabed in the Atlas Mountains. Naturally pH-neutral and hypoallergenic.

Hoba - 100% USDA and EURO-organic Jojoba Plant Wax; naturally hypoallergenic and not comedogenic; great connector oil, rich in Vitamin E, helping carry nutrients to skin.

Aloe - 100% USDA Organic Aloe Vera powder; amazing natural hydrator and powerful anti-oxidant, helping nourish skin and deliver more nutrients to skin