

GHOSTLY GETAWAYS
FOR FALL

OUCH! HOW TO HANDLE A
BROKEN BONE

THE BEST BATH OF YOUR
LIFE AWAITS...

Parents

**HALLOWEEN
IS ON!**

ROAR!



In a flash, crafter Amber Kemp-Gerstel and son Markus, 4, are a unicorn and a dinosaur.

↓
**COSTUMES,
CRAFTS
+ TREATS
THAT DO THE
TRICK**

**YOUR FAMILY
DINNER
PLAYBOOK**

**HELP
YOUR KIDS
CHILLAX**

DISPLAY UNTIL 10/31/19 \$3.50 U.S.A.



OCTOBER 2019 PARENTS.COM

Cool Bandages to Cover Boo-Boos

Cuts and scrapes meet their (totally adorable) match.



DESIGNED FOR MOVEMENT

Your kids will love that **Welly Kids Bravery Badges** are studded with such fun and colorful designs. (Unicorns! Monsters!) You'll love how they seal on all four sides to keep out dirt and germs. The fabric is flexible enough to move with your kid, and the metal container they come in won't get crushed in your bag. \$7 for 48; target.com



GOOD FOR THE EARTH

Made from organic bamboo fibers, **Patch** bandages are completely compostable. And they contain coconut oil, so you don't need to dig around for ointment. \$9 for 25; CVS stores



OLD-WORLD HEALING POWERS

Honey is an effective antibacterial agent; Egyptians used it to cover wounds thousands of years ago. **First Honey Adhesive Bandages** are infused with medical-grade manuka honey, which contains methylglyoxal (MGO), a potent healing compound. \$8.50 for 12; firsthoney.com

NEWS TO SMILE ABOUT

1

The varicella vaccine does more than help prevent chickenpox.

Kids who were immunized also had a 78 percent lower rate of developing pediatric shingles than those who were not vaccinated, found a *Pediatrics* study.

2

The FDA approved the use of Botox for the treatment of upper-limb spasticity in kids ages 2 to 17.

Damage to the brain and spine—commonly caused by cerebral palsy, traumatic brain injury, multiple sclerosis, spinal-cord injury, or stroke—often results in muscle tightness and stiffness in the arms and neck. This treatment gives kids the ability to move more freely and maintain their balance and posture.

3

Better air quality in Southern California has been linked to fewer childhood asthma cases.

Kids were tested in three groups starting in 1993, 1996, and 2006. During this span, policies and programs were implemented to decrease regional air-pollution concentrations, and in turn, rates of asthma also declined, according to a study in *JAMA*.

—E.E.

