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ATLAS

MANUAL





- 1) Multifunction button
- 2) Zinc Alloy casing
- 3) Multi-motion sensors

- 4) Microphone
- 5) Speaker

1.69" full touch screen

Bluetooth calling on watch

In-built **GPS**

Dual theme

Customizable watch faces

11 Sports modes

Stress Monitor

IP67 rated

Health Monitors



Scan the QR code to download the smart app OR Download 'CB-ACTIV' App from the Playstore or iOS app store



- To attach the straps, slide the pin (the side opposite to quick-release lever) into the notch on the watch. Attach the strap with the clasp to the top of the watch.
- While pressing the quick-release lever inward, slide the other end of the strap into place.
- When both ends of the pin are inserted, release the quick-release lever.



- To remove the straps, turn over the watch and find the quick-release lever.
- While pressing the quick-release lever inward, gently pull the strap away from the watch to release it.



- Charge the smartwatch before using it
 - Full charge in less than 2 hours
- Connect the back of the watch to the magnetic charging pin available in the box
- Please use a 5V charging adapter or connect USB with the laptop
 Note: Do not use any fast/dash charging adapters





CB-ATLAS & ATLAS_AUDIO

Note:

- All notifications, alerts, reminders, and data received from phone to watch or vice versa, will be connected over CB-ATLAS
- · For calls, ATLAS_AUDIO needs to be connected.





- Turn on the Bluetooth on your mobile phone
- Create an account and login to the app
- Open App > Me > Device > Add Device > choose CB-ATLAS

NOTE: Once connected, you will receive all the notifications on the watch





- In the watch, swipe from top to bottom once on the main interface
- Enable the calling BT icon
- Open the phone's BT settings > Search for 'ATLAS_AUDIO' in your BT list and connect
- Upon successful connection, you will be able to make/receive calls from the watch



Built in watch faces

- · Press and hold the home screen
- · You will enter the 'Watch face' Menu
- · Scroll & select your favorite screen



Customize watch faces in app

- Go to CB-Activ app > Me > Device > Watch faces
- · Pick you choice of dial
- You also can customize your screen by clicking on edit option



Pedometer/distance/calories burnt

- Swipe from right to left thrice on the main screen
- You can see all the tracked data of steps, distance, and calories burnt
- · Swipe up for more detailed data



Sleep monitor

- Swipe from right to left for 4 times on the main screen
- You can see the number of hours slept and also the light & deep sleep analysis
- Swipe up for more detailed data



Heart rate

- · Swipe from right to left once on the main screening
- · You will be able to measure your Heart Rate



Blood Pressure

- Swipe from bottom to top once on the main screen
- · Scroll & select 'Blood Pressure' & wait for 10-15 secs for the reading
- to complete
- Swipe up for more detailed data



Blood Oxygen (SpO2)

- Swipe from bottom to top once on the main screen
- · Scroll & select 'Blood Oxygen' & Click to start the measurement
- Swipe up for more detailed data



Stress Monitor

 Swipe from right to left twice on the main interface to view your stress level graph



Women's Health

- Activate Menstrual feature from the CB-ACTIV app
- On the watch, you will be able to monitor the same
- · Swipe from bottom to top once on the main interface
- · Scroll & click on Menstrual to view the period details



Breathing Exercise

- Swipe from bottom to top once on the main screen
- Scroll & select the Breathing Exercise option & tap to start the training



Sports Mode

- Swipe from bottom to top once on the main screen
- Scroll & select 'Sport' to explore 11 different activities
- Select the sport of your choice & start (it will automatically connect to in-built)
- Go to Records for the details of the activity & check on the app for more details





How to access Other Menu

· Swipe from top to bottom once on the main interface to enter Menu

Flashlight

- · Swipe from top to bottom on the main screen
- · Click on Torch icon, tap to turn on/off the flashlight





DND

- Swipe from top to bottom on the main screen
- · Enable DND option to avoid all the unwanted notifications

Vibration

- · Swipe from top to bottom on the main screen
- · You can enable or disable the vibration mode





Themes

- · Swipe from top to bottom on the main screen
- You can switch between the Menu themes

Brightness

- Swipe from top to bottom once on the main screen
- · Click on the Brightness icon
- · Adjust the brightness as required



Camera Shutter

- Go to 'CB-ACTIV' app > 'Me' tab > Device > Camera
- Allow App to access Camera
- . On the watch, swipe from bottom to top once on the main screen
- · Tap once to take a picture



Notifications

- Go to 'CB-ACTIV' app > 'Me' tab > Device > Message Push
- Enable all the apps you wish to receive the notifications
- On the watch, swipe from bottom to top once on the main screen
- Scroll & select Notifications to view notifications received from the selected apps



Music control

- Swipe from bottom to top on the main screen
- · Scroll & select the Music option
- · Control or change tracks & volume levels



Stopwatch

- Swipe from bottom to top on the main screen
- Scroll & select the Stopwatch option
- Click on the Play button to activate
- You also have pin the lap, pause & reset options



Sedentary Reminder

- Go to the 'CB-ACTIV' app > Me tab > Device
- · Turn on the 'Sedentary reminder'
- · You can set the timing for idle alert via the app



Alarm clock

- Go to the CB-ACTIV app > Me tab > Device
- Click on the 'Alarm Clock' to add a new alarm or enable an existing alarm



Find my phone

- Swipe from top to bottom once on the main interface
- · Scroll & select 'Find phone' icon
- · Your phone will ring to alert



Weather

- Swipe from left to right twice from the main interface
- · Check the weather forecast update



Voice assistant

- Swipe from bottom to top once on the main interface
- · Scroll & select 'Voice assistant' option
- · You can give commands to the watch directly



Timer

- Swipe from bottom to top once on the main screen
- · Scroll & select the Timer option
- · Tap to start the timer



Reset

- · Swipe from top to bottom once on the main screen
- · Open Settings > Scroll & select 'Reset'
- Click '√' to reset or 'x' to cancel



Power off

- · Swipe from top to bottom once on the main screen
- · Open Settings > Scroll & select 'Power off'
- Click '√' to restart or 'x' to cancel

Disclaimer

- Optical sensors present on the back of the smartwatch are used to track the health vitals, do not rely on them for medical purposes.
- These smartwatches sometimes can accidentally detect non-surface object reading due to differences in pressure on the motion sensors.
- Crossbeats will not be responsible for in-app purchases made via CB-ACTIV.
- Crossbeats does not save your personal data and is not responsible for any data stored on CB-ACTIV.
- Battery life may vary depending on usage patterns.
- The watch charging time might slightly vary depending on how much battery percentage has been depleted and the voltage supply for a charge.
- To receive notifications, calls and other alerts ensure your data and Bluetooth connections are stable.
- Our smartwatches are water-resistant and are not suitable for diving.
 Also using them in the shower with harsh chemicals can damage the watch.
- Use the smartwatch with appropriate apps to achieve the best results.



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