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# SPECTRA

MANUAL



- 1) Premium metal casing
- 2) Rotating Crown
- 3) Silicone strap

- 4) Speaker
- 5) Microphone
- 6) Sensors

1.81" HD Touch Screen Retina AMOLED Screen Always-on Bluetooth Voice Calling 120+ Sports modes Rotating crown design Built-in Games Al **Health** trackers Smart features enabled



Scan the QR code to download the smartwatch app OR Download 'Da Fit' App from the Playstore or iOS app store



- To attach the straps, slide the pin (the side opposite to quick-release lever) into the notch on the watch. Attach the strap with the clasp to the top of the watch.
- While pressing the quick-release lever inward, slide the other end of the strap into place.
- When both ends of the pin are inserted, release the quick-release lever.



- To remove the straps, turn over the watch and find the quick-release lever.
- While pressing the quick-release lever inward, gently pull the strap away from the watch to release it.





- · Charge the smartwatch before using it
- Full charge in less than 75 mins
- Connect the back of the watch to the magnetic charging pin available in the box
- Please use a 5V charging adapter or connect USB with the laptop
  Note: Do not use any fast/dash charging adapters





#### Spectra\_Max & Max\_Audio

#### Note:

- All notifications, alerts, reminders, and data received from phone to watch or vice versa, will be connected over Spectra\_Max
- For calls. Max. Audio needs to be connected.





- Turn on the Bluetooth on your mobile phone
- Create an account and login to the app
- Open App > Devices > Add Device > choose Spectra\_Max

NOTE: Once connected, you will receive all the notifications on the watch





- In the watch, swipe from top to bottom once on the main interface
- Open Settings > Enable Phone Call
- Open the phone's BT settings > Search for 'Max\_Audio' in your BT list and connect
- Upon successful connection, you will be able to make/receive calls from the watch



#### Built in watch faces

- Press and hold the home screen
- You will enter the 'Watch face' Menu
- · Scroll & select your favorite screen

Note: You can customize the watch faces from the app



#### Pedometer/distance/calories burnt

- · Swipe from right to left once on the main screen
- You can see all the tracked data of steps, distance, and calories burnt
- · Scroll down for more detailed analysis



# Sleep monitor

- Swipe from right to left twice on the main screen
- You will be able to see the number of hours slept and also the light and deep sleep analysis
- Scroll down for more details



#### Heart rate

- · Swipe from right to left thrice on the main screen
- Tap on the screen to start the reading
- · You will be able to check your Heart Rate
- · Scroll down for more details



# Blood Pressure

- Swipe from right to left 4 times on the main screen
- Tap on the screen to start the reading
- · Wait for 10-15 secs for the reading to complete
- · Scroll down for more details



#### Breathe

- · Swipe left to right once on the main screen
- Scroll and select the Breathing option
- · Tap on the screen to start the breath training



#### SnO2

- Swipe from right to left 5 times on the main screen
- Tap on the screen to start the reading
- · Wait for 10-15 secs for the reading to complete
- · Scroll down for more details



#### Women's Health

- Open the Da Fit app > Devices > Others
- · Scroll and enable the Physiological cycle reminder
- · You can set up the period cycle details in the app
- . In the watch, swipe from left to right once on the main screen
- Scroll & select Period



#### Automatic tracking on App

- Open the 'Da Fit' app & go to Devices tab
- Click on the 'Others' tab
- Enable the 'Continuous Heart Rate Detection'

This function, enables the watch to automatically measure health data every hour





# Weather Updates

- Swipe from top to bottom once on the main screen
- · Click on Weather icon to check the weather update

#### Vibration mode

- Swipe from top to bottom once on the main screen
- Click on the vibration icon to enable/disable it



# Flash light

- Swipe from top to bottom once on the main screen
- · Click on the Flash light icon to enable/disable it



#### Theatre mode

- Swipe from top to bottom once on the main screen
- · Click on the Theatre mode icon to enable/disable it



# Brightness

- Swipe from top to bottom once on the main screen
- Click on the Brightness icon to adjust the brightness of the watch accordingly



#### Low Power Mode

- Swipe from top to bottom once on the main screen
- · Click on the Settings icon
- · Scroll & Enable the Low Power Mode to save the battery



#### Voice Assistant

- Swipe from top to bottom once on the main screen
- Click on the Settings icon
- Scroll & Select Al voice to start using the voice assistants

Note: The voice assistants will be the same as on your smart phone



### Music control

- · Swipe from right to left on the main screen for 7 times
- You will be able to change tracks, play/pause.



# Sports

- Swipe from left to right once on the main screen
- Scroll & select 'Training' icon to explore 27 different activities



# Message notifications

- Swipe from bottom to top once on the main screen
- · You will be able to see your latest messages



# Camera Shutter

- Swipe from left to right once on the main screen
- Scroll & select the Shutter icon
- In the app, go to Devices tab > Shutter > Give camera permission
- . In the watch, click to capture



# Calculator

- Swipe from left to right once on the main screen
- Scroll & select the Calculator icon
- You will be able to do the basic calculations



# Alarm

- Swipe from left to right once on the main screen
- Scroll & select the Alarm icon
- You can enable/disable the already set alarm from the app
- . In the app, go to Devices > Alarms > Set your alarms accordingly



# Stopwatch

- Swipe from left to right once on the main screen
- · Scroll & select the 'Stopwatch' icon and activate
- · You also have Pause, pin the lap, and reset options





#### Timer

- Swipe from left to right once on the main screen
- · Scroll & select the 'Timer' icon and select the timing to activate

#### Add components

- Swipe from right to left to find the '+' symbol
- You can add shortcuts of your choice



# Call Reset

- Swipe from top to bottom once on the main screen
- Click on the 'Settings' icon, scroll & select the 'Call Reset' icon to reset the calling related data



# Reset

- · Swipe from top to bottom once on the main screen
- · Go to Settings > System > Reset
- Click '√' to reset or 'x' to cancel



## Restart

- Swipe from top to bottom once on the main screen
- Go to Settings > System > Restart
- Click '√' to restart or 'x' to cancel



#### Power

- Swipe from top to bottom once on the main screen
- · Go to Settings > System > Power Off
- Click '√' to turn off the watch or 'x' to cancel

#### Disclaimer

- Optical sensors present on the back of the smartwatch are used to track the health vitals, do not rely on them for medical purposes.
- These smartwatches sometimes can accidentally detect non-surface object reading due to differences in pressure on the motion sensors.
- Crossbeats will not be responsible for in-app purchases made via Da
- Fit · Crossbeats does not save your personal data and is not responsible for any data stored on Da Fit.
- Battery life may vary depending on usage patterns.
- The watch charging time might slightly vary depending on how much battery percentage has been depleted and the voltage supply for a
- charge. To receive notifications, calls and other alerts ensure your data and
- Bluetooth connections are stable.
- Our smartwatches are water-resistant and are not suitable for diving. Also using them in the shower with harsh chemicals can damage the watch
- Use the smartwatch with appropriate apps to achieve the best results.

# **TCROSSBEATS**

© +91 80500 56565

**\( +91 80500 56565** 

☑ support@crossbeats.com