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MANUAL

- 1) Rotating crown design
- 2) 1.75" HD IPS screen 3) Sensors

- 4) Microphone
- 5) Speaker
- 6) Silicone strap

1.75" HD IPS Screen

Bluetooth Voice Calling

320\*385 Best-in-class Resolution

In-built **Games** 

120+ Sports Modes

Rotating Crown design

Advanced Health Monitors

**IP68** Water-resistant

7 Days Sleep Log Data

Playtime: Up To 7 days



Scan the QR code to download the smartwatch app OR Download 'Da Fit' App from the Playstore or App store



- To attach the straps, slide the pin (the side opposite to the quick-release lever) into the notch on the watch. Attach the strap with the clasp to the top of the watch.
- While pressing the quick-release lever inward, slide the other end of the strap into place.
- When both ends of the pin are inserted, release the quick-release lever.



- To remove the straps, turn over the watch and find the quick-release lever.
- While pressing the quick-release lever inward, gently pull the strap away from the watch to release it.



- Charge the smartwatch before using it
- Full charge in less than 90 mins
- Connect the back of the watch to the magnetic charging pin available in the box
- Please use a 5V charging adapter or connect USB with the laptop

Note: Do not use any fast/dash charging adapters





#### **CB-GRIT & GRIT-AUDIO**

#### Note:

- All notifications, alerts, reminder and data received from phone to watch or vice versa will be connected over CB-GRIT.
- For calls, GRIT-AUDIO needs to be connected.





- Swipe from top to bottom once on the main screen
- Open Settings > Scroll & select 'Phone' option and enable it
- On the phone's BT list, Search for GRIT-AUDIO and click to connect
- Upon successful connection, you will be able to make/receive calls from the watch

Note: To add your favorite contacts, go to Devices tab >

Favorite contacts > Add/remove contacts from the list – Click Save

You can add up to 8 contacts on the app.







#### Built in watch faces

- · Press and hold on the home screen for 2 secs
- · You will enter the 'Watch face' menu
- · Scroll & select your favorite screen



## Customize watch faces in app

- Go to Da Fit app > Device > Watch faces
- Pick you choice of dial
- You also can customize your screen by click on edit option



#### Pedometer/distance/calories burnt

- · Swipe from left to right once on the main screen
- · Scroll & select the 'Steps' option
  - You can see all the tracked data of steps, distance, and calories burnt
- · Swipe up for more detailed data



## Heart Rate

- Swipe from left to right once on the main screen
- · Scroll & select the 'Measure HR' option
- You will be able to measure your Heart Rate
   Automatic tracking on App
- · Open the 'DaFit' app > Device > Others
- · Enable the 'Full-day Heart Rate' option



## Blood Oxygen (SpO2)

- · Swipe from left to right once on the main screen
- Scroll & select the 'SpO2' option
- · Click to start the measurement
- Swipe up for more detailed data



## **Blood Pressure**

- Swipe from left to right once on the main screen
- Scroll & select the 'Measure BP' option
  - Wait for 10-15 secs for the reading to complete
- Swipe up for more detailed data
- · You can also access 7 days of data log



## Sleep Monitor

- Swipe from left to right once on the main screen
- Scroll & select the 'Sleep' option
- You can see the number of hours slept and also the light & deep sleep analysis
- · Swipe up for more detailed data
- You can also access 7 days of sleep data



## Breathe

- Swipe from left to right once on the main screen
- Scroll & select the 'Breathe' option
- · Tap to start the breath training



### Women's Health

- Activate Menstrual feature from the 'DaFit' app
- Swipe from left to right once on the main screen
- Scroll & select the 'Menstrual' option
- You get to access the data on the watch
- · Also, you get the reminder based on the cycle you have set



## Notifications

- Go to 'DaFit' app > Device > Notifications
- Enable all the apps you wish to receive the notifications
- On the watch, swipe from bottom to top once on the main screen
- You get to see all the notifications received from the selected apps





## Al Voice

- Swipe from left to right once on the main screen
- Scroll & select 'Al VOICE' option
- Tap once to activate the voice assistant through the watch

## Weather Updates

- Swipe from right to left once on the main screen
- Scroll & select



# Music Player

- Swipe from left to right once on the main screen
- · Scroll and select the 'Player' icon
- · You can play/pause & change tracks from the watch



## Game

- Swipe from left to right once on the main screen
- · Scroll & Select the 'Game' option to explore 2 built-in games

#### **Brightness**

- Swipe from top to bottom once on the main screen
- Click on the 'Brightness' icon and adjust the brightness accordingly



## Camera Shutter

- Swipe from left to right once on the main screen
- Scroll and select the 'Shutter' icon
- On the app, go to Devices > Shutter & allow permissions
- ap on the watch screen to take a picture



# Calculator

- · Swipe from left to right once on the main screen
- · Scroll & select the 'Calculator' icon
- · You can make all the basic calculations from the watch



## Alarm

- Swipe from left to right once on the main screen
- Scroll & select the 'Alarm' icon
- · You can set the new alarm on the app
- · You can also enable up to 3 existing alarms on the watch



# Stopwatch

- · Swipe from left to right once on the main screen
- · Scroll & select the 'Stopwatch' icon and activate
- · You also have Pin the lap, Pause & Reset options



## Countdown

- Swipe from left to right once on the main screen
- · Scroll & select the 'Countdown' icon
- · Select the time and activate





## Flashlight

- Swipe from left to right once on the main screen
- Scroll & select the 'Flashlight' icon
- Tap to Turn On/Off the Flashlight

## **Add Components**

- · Swipe from right to left once on the main screen
- . Click on the '+' to add shortcuts, you can customize it accordingly



#### Sound & Vibration

- Swipe from top to bottom once on the main screen
- Open Settings > Vibration & Bell
- You can select the Mode of Ringing & also the vibration intensity

## Power Saver Mode

- · Swipe from top to bottom once on the main screen
- Open Settings > Enable Power Mode to save the battery life





## Theatre Mode

- Swipe from top to bottom once on the main screen
- Open Settings > Enable Theatre
- You can avoid unwanted notifications up to some time

## Find Phone

- · Swipe from top to bottom once on the main screen
- Open Settings > Tap on Find Phone
- Your phone will start ringing



## Restart

- Swipe from top to bottom once on the main screen
- Open Settings > System > Restart
- Click '√' to reset or 'x' to cancel

### Reset

- Swipe from top to bottom once on the main screen
- Open Settings > System > Reset
- Click '√' to reset or 'x' to cancel



## Power Off

- · Swipe from top to bottom once on the main screen
- · Open Settings > System > Power Off
- Click '√' to turn off the watch or 'x' to cancel

#### Disclaimer

- Optical sensors present on the back of the smartwatch are used to track the health vitals, do not rely on them for medical purposes.
- Crossbeats will not be responsible for in-app purchases made via Da Fit app.
- Crossbeats does not save your personal data and is not responsible for any data stored on Da Fit app.
- Battery life may vary depending on usage patterns.
- The watch charging time might slightly vary depending on how much battery percentage has been depleted and the voltage supply for a charge.
- To receive notifications, calls and other alerts ensure your data and Bluetooth connections are stable.
- Our smartwatches are waterproof and are not suitable for diving. Also using them in the shower with harsh chemicals can damage the watch.
- Use the smartwatch with appropriate apps to achieve the best results.

# **TCROSSBEATS**

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