



USER MANUAL

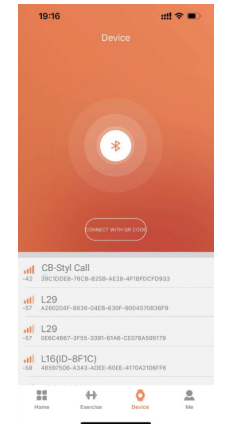
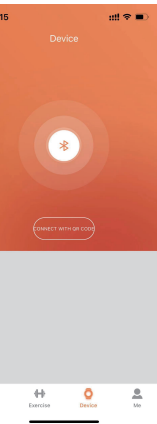
## OVERVIEW

1. On/Off button
2. Premium Metal Bezel
3. Sensors
4. Charging Contact
5. Microphone
6. Speaker
7. Silicone strap

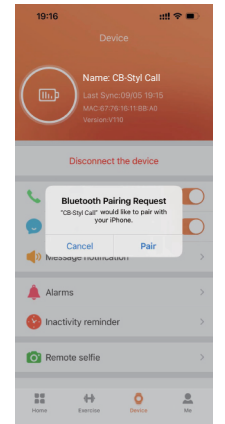


## Bind smart bracelet with APP: CB-Styl Call Connection procedure

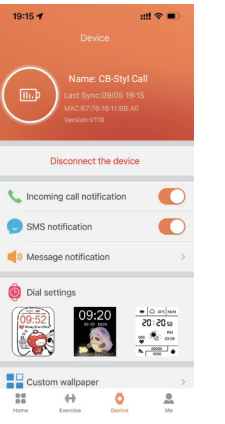
1. Turn on the Bluetooth on your mobile phone
2. Download and install the 'JYouPro' app



3. Create an account and log in to the app
4. Open App > Click on "Scan for device"> CB-Styl Call



5. Click on Pair to connect
6. When Pairing the smartwatch with the mobile phone please ensure the watch and mobile phone are in sync



## INTRODUCTION OF MAIN INTERFACE FUNCTIONS

After the smart bracelet and APP are first paired, the time and date of the mobile phone will be synchronized.

Note: Press and hold the screen for 2 seconds on the main interface to switch between multiple screen dials.



### STEPS

The step-counting interface shows steps. Wear the smart bracelet on wrist, and the smart bracelet can automatically count steps, distance and calories.

### MESSAGE

You can view the content pushed by the message in the information interface. At most seven messages can be saved. After seven messages are saved, the messages displayed before will be replaced by new messages one by one. Note: In the information interface, press and hold for 2 seconds to delete the content

### SLEEP

Wearing the smart bracelet at night to automatically judge whether you are in sleep state, to record deep sleep and light sleep respectively, and to summarize the total sleep time to help your monitor your sleep quality. The sensor can measure your sleep quality according to the range and frequency of wrist movements when you sleep.

## HEART RATE MEASUREMENT

The heart rate measurement interface supports real-time dynamic heart rate and understands your own health data. Be sure that there is no dirt at the bottom of the heart rate sensor when conduct measurement. Skin color, hair density, tattoo and scar may affect the accuracy of the measuring results, in which cases please re-measure the heart rate.

Note: The heart rate sensor shall be closely attached to skin and well contacted with skin in measurement of heart rate. The sensor light exposure in case of wearing bracelet too loosely can result in inaccurate measured figures. Don't look steadily at the green light of sensor which may cause eye irritation.

### BLOOD PRESSURE

The blood pressure shall be measured in a quiet environment and at proper temperature, Have a rest for at least 5 minutes before measurement. Avoid nervous, anxious and exciting feelings; measure three times repeatedly at an interval of 2 minutes. Record the average value of readings measured three times.

### BLOOD OXYGEN

Blood oxygen saturation (SpO2) is the percentage of the amount of Oxy hemoglobin (Hb2) which has been oxygenated in the blood and the total amount of hemoglobin (Hb, hemoglobin) which can be oxygenate. It means the concentration of oxygen in blood.

Note: The blood pressure and blood oxygen date are for reference only and should not be used as a basis in medical aspects

## SPORT

There are 7 kinds of sports in the sports interface, including walking, running, cycling, rope skipping, badminton, basketball and football.

### WEATHER

The weather page will display the current weather today and tomorrow. Click on the weather interface to display the weather forecast for the next 3 days.

For weather information, it needs to connect with the client end before data can be obtained. If the disconnection time is long, the weather information cannot be updated.

### BRIGHTNESS

Click the icon to select screen brightness, slide to the right to exit and save the record.

### TIMER

Enter the stopwatch page, click on the icon "Start" below to start timing, then singly click on the icon "Pause" to pause timing, and the icon in the left is for one-key resetting.

### FIND MOBILE PHONE

Switch to the find mobile phone interface; shake the bracelet, and the mobile phone can make a ringtone synchronically.

### MUSIC

After connecting with the mobile phone, the smart bracelet can control the music player of the mobile phone. When the mobile phone plays music, you can use the smart bracelet to control the mobile phone for playing/pausing, the previous song and the next song.

## MORE

Click the "More" icon to enter the function interface.

### POWER OFF

Click to "Confirm" to turn off the smart bracelet and the smart bracelet is in a sleep state.

### RESET

Click on "Confirm" to clear all data in the smart bracelet, and to restore factory settings.

### REMOVE DEVICE

For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on Remove device.

For apple mobile phone after binding removal, you need to click on the symbol on the right in setting-Bluetooth, and choose to ignore the device. As shown below:

