

 CROSSBEATS



H U S T L
USER MANUAL

Connection



Scan the QR code above to download the client

1. Download "FitCloudPro" App –
Install the 'FitCloudPro' by scanning the QR code/ downloading it from the AppStore/PlayStore.
2. Connect the watch
 1. Connection through Scan code:
 - Enable the Bluetooth on your phone
 - Open the app > Click Device > Add Device > click on Scan code bidding (Scan the QR code on the watch).
 2. Manual connection:
 - Enable the Bluetooth on your phone
 - Open the app > Click Device > Add Device > Click Search Device [Find the device with the corresponding Bluetooth name and MAC address in (Settings > System > System information) in the sliding control center of the smartwatch] > click Connect.
3. Connect Bluetooth for calls:
When the smartwatch is in the initial state, Bluetooth for calls is enabled by default.
 - 1) Android: After the smartwatch is successfully connected with the app, the mobile terminal will prompt the smartwatch to request Bluetooth pairing – click pairing – Talk Bluetooth connection success, you can dial and answer the calls after the connection is successful.
 - 2) iOS: After the smartwatch is successfully connected with the app, the Bluetooth will automatically connect to the mobile phone. After the connection is successful, you can dial and answer calls through the watch.

Note: In the initial state, the media audio is turned off by default. [Media audio opening method: Slide down from the main interface of the watch (control centre) – click the phone icon – there are two options (call audio/media audio) – click the media audio, the watch can play mobile music after opening]]

Charging

Connect the back of the smartwatch with the charging cable given in the box, once the watch starts charging, you will receive a charging prompt on the watch screen. When the watch prompts Low power, please charge in time.

Note: The device is an all-in-one machine, the back shell and battery can not be removed.



Watch operation instructions

1. Change the watch faces: Long press on the main screen to enter the watch face menu, left or right swipe can switch the dial, confirm the dial after clicking.
2. Menu Page: Press the left button on the dial page to enter the menu page. After entering the menu page, press the left button twice continuously to switch the menu style, and press once to return to the main dial page.
3. Function page: Click the application icon on the menu page to enter the corresponding function, swipe right to return, and simply press the left button to return to the main dial page.

Buttons and touch controls



Turn Key

1. Rotate the crown key on the main dial to switch the watch screens
2. Press the knob on the main dial screen to access the menu function screen
3. Click on the button on the main interface to return to the main dial interface. Double-click the button to switch to different menu styles.

Up: Message notification



Swipe Left:
Movement data



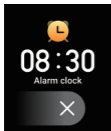
Swipe right:
Go to the sidebar



Down: Control Center

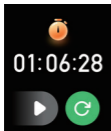


Watch Function Introduction



Alarm:

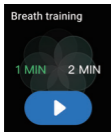
After the watch is connected to the app, you can set up to 5 alarms through the app.



Stopwatch:

Click the start button to start the timer, click the pause button to pause the timer and click on the reset button to reset the timer to zero.

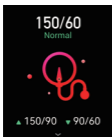
Note: A maximum of 99 records can be saved.



Breath training:

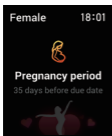
In breathing exercises, there is a choice between 1 minute and 2 minutes.

Tap on the corresponding time to start the breath training. After clicking Start, follow the icon - zoom in = inhale, zoom out = exhale.



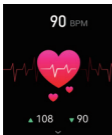
Blood Pressure:

When you enter the Blood Pressure measurement interface, the green light at the bottom will start the test and there will be a vibration reminder when the measurement is completed within 30 to 60 secs. The measurement is based on PPG technology.



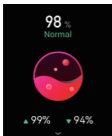
Women's Health:

After the watch is connected to the app, women's health alert can be enabled on the app to view women's health information on the watch.



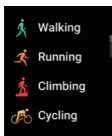
Heart rate:

When you enter the heart rate measurement interface, the green light at the bottom will start to measure. When the measurement is completed in about 40 secs, there will be a vibration reminder. If the message "Please wear the watch correctly" is displayed, you need to wear the watch properly.



Blood Oxygen:

When entering the Blood Oxygen measurement interface, the red light at the bottom will start the test for 30-60 secs and there will be a vibration reminder when the measurement is completed. The measurement is based on PPG technology



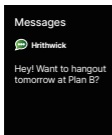
Movement:

Sports mode options: Hiking, Running, Cycling, Mountaineering, Badminton, Yoga, Basketball, and more. Click on the icon to start the sports modes.



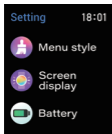
Weather:

When the watch is connected to the app, the weather interface will display real-time weather and weather type.



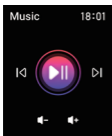
Messages:

After the watch is connected to the app, open the push of relevant information in the app terminal, and the watch terminal can receive the corresponding message push, and can save the latest 15 messages at most.



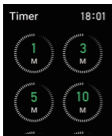
Settings:

Settings include screen display (switch dial, screen duration, brightness adjustment, screen duration), language, vibration intensity, menu style, battery, password, time setting, two-dimensional code, system.



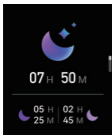
Music:

When the watch is connected to the app, you can control, pause and start of the mobile music player, adjust the volume and switch songs.



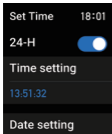
Timer:

The system preset the common timing duration. You can click the corresponding duration or click the custom button to start the timing. Click the Start button to start the timing, click the pause button to pause the timing, click the reset button to reset the timing to zero.



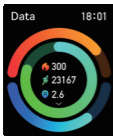
Sleep:

The watch displays total sleep duration as well as light and deep sleep duration, and the sleep screen slides up to show sleep data generated in the last seven days.



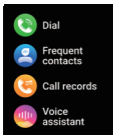
Time setting:

You can also manually set the time and date of the watch by enabling or disabling the 24-Hr system on the time setting screen.



Movement data:

Display the number of steps, distance and calorie data recorded in a day. You can scroll up the data interface to view the number of steps in recent seven days, and set the target numbers of steps, distance and calorie in the app.



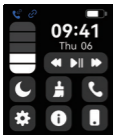
Calling function:

When the watch is connected to the mobile phone, it can synchronize to the watch after adding the common contacts in the app. You can dial directly from the interface of the common contacts of the watch, or use the watch to dial and control the call of the mobile phone.



Find Phone:


After the watch is connected to the app, click on 'Find the phone', the phone will ring and the watch will show that the search is successful. If the watch and the app is not connected, watch side will prompt show Bluetooth disconnect.




The Control center:

Function description: Screen brightness adjustment, Do not disturb mode, flashlight, audio Bluetooth, Settings, System information, Phone search, Music playback.



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