



# ARMOUR DIVE

USER MANUAL

# Downloading the App

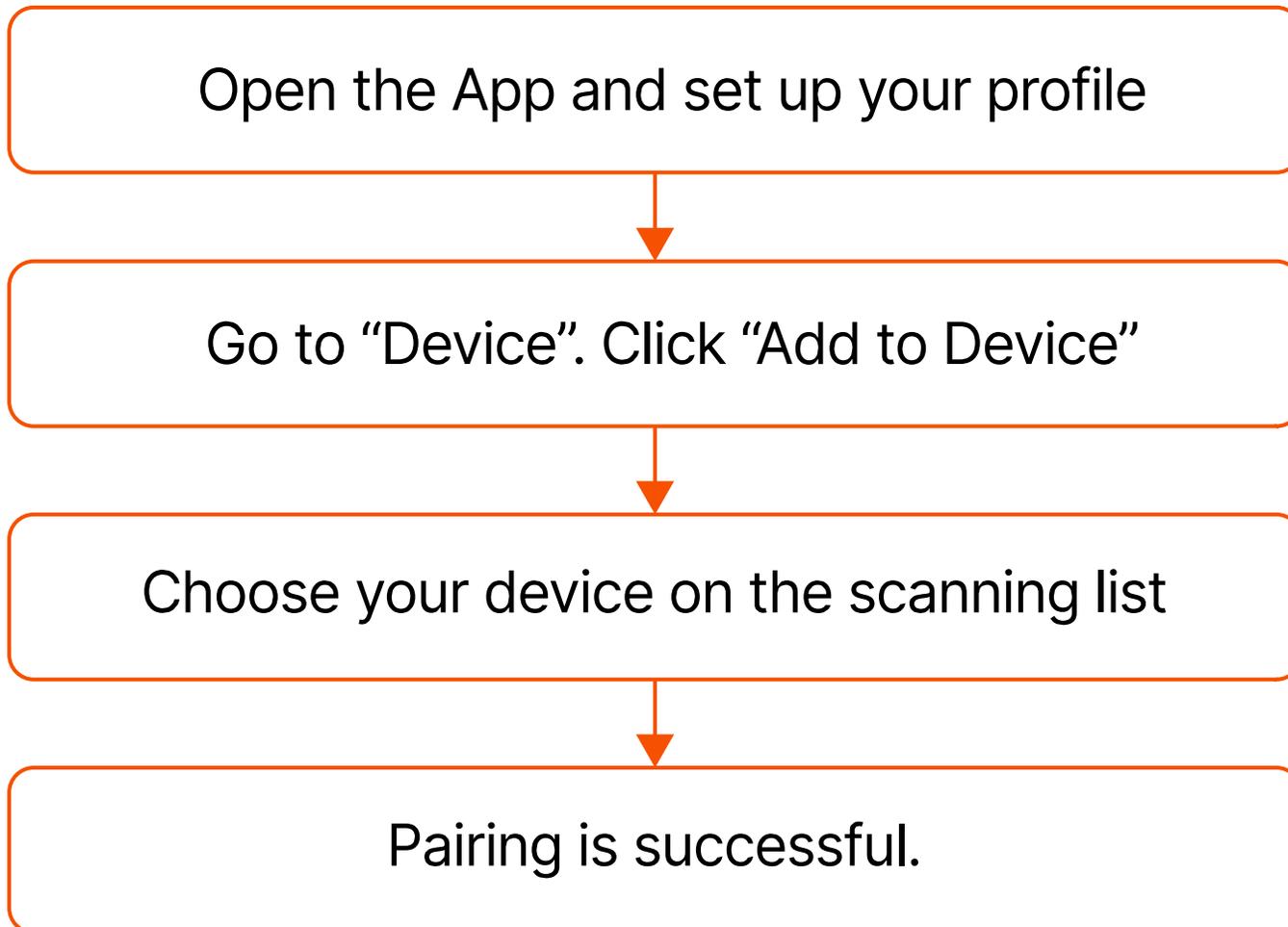


Scan the following QR code, download and install the App.

# QR code Connection:

- Open the App and set up your profile
- Go to 'Device'. Click "Add Peripheral now" and select the 'Scan' function in the upper right corner of the "Binding Device" interface.
- On the watch, open the QR code from the Settings and scan through the mobile phone.
- During the pairing process, the connection confirmation button will pop up on the watch and mobile phone.
- Please click "Allow pairing" to complete the pairing.

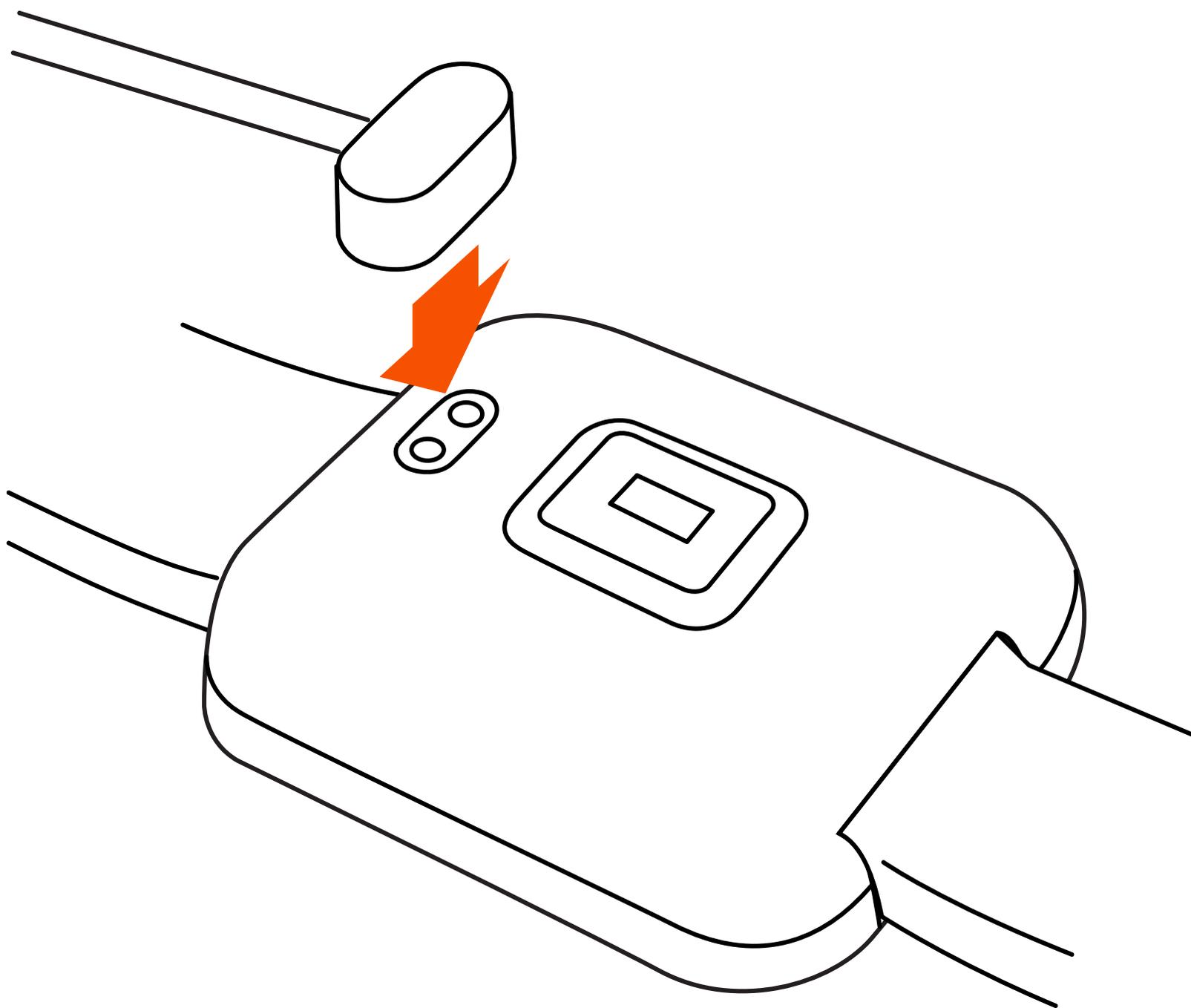
# Pairing



The MAC address on the "Setting"- "About" page could help you identify your device on the scanning list.

# Charging:

Charge the smartwatch completely before using it for the first time, using the Type-C charging cable available in the box.



# Using Touch Screen



Control Center

Swipe Down    ↑    ↓    Swipe Up



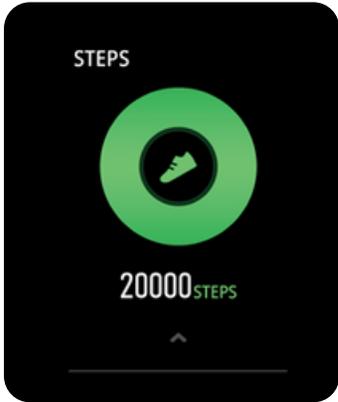
Menu

← Swipe Right

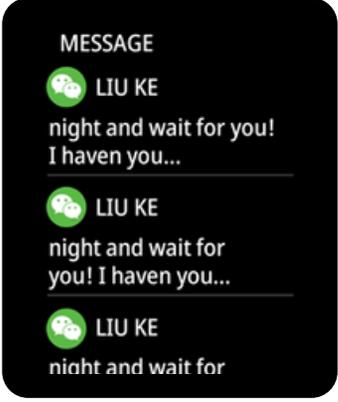


Swipe Down    ↑    ↓    Swipe Up

Swipe Left →  
← Swipe Right



Feature pages



Messages

# Smart Watch Features

## **Call Function:**

This function needs to connect the audio Bluetooth, you can dial the phone number according to the need; Long press 7 and 9 for two seconds on the keypad to enter \* and #.

## **Common Contacts:**

You need to set and add them in the common contacts bar of the APP.

The common contacts you set will be automatically synchronized to the watch. A maximum of 10 contacts can be added.

# Smart Watch Features

## **Voice Assistant:**

This function requires an audio Bluetooth connection, and can evoke the phone's Voice Assistant by tapping on the screen.

## **Data:**

Displays the data of steps, distance and calories.

You can set the target number of steps, distance and calories in the APP.

## **Call History:**

This function can save the latest 10 call records..

# Smart Watch Features

## **Sports:**

Including running, walking, badminton, tennis, basketball, table tennis, cycling, yoga, rope skipping, mountain climbing, indoor running, elliptical machine, rowing machine, lazy bike, exercise bike, baseball, rugby, cricket, strength training, etc.

## **Sports Record:**

It saves your latest 15 history records, and you can view the exercise time, heart rate, calories and other data during exercise.

## **Heart Rate Monitor:**

The Smart Watch could record your heart rate all day. You also could tap on the page to start measuring heart rate.

# Smart Watch Features

## **Sleep:**

Displays the sleep monitoring status of the day, and the data is updated every day. When connected to the APP, the data can be saved synchronously.

The sleep monitoring time is from 9:30 PM of the day to 12:00 AM of the next day.

## **Blood Oxygen:**

When entering the blood oxygen measurement interface, the red light at the bottom will start measuring and there will be a vibration reminder when the measurement is completed in about 40 seconds.

# Smart Watch Features

## **Weather**

Weather app will display the weather forecast of current and the next day.

Weather information will be displayed only if the smart-watch is connected to your smartphone.

## **Female Health:**

When registering on the APP for the first time, a female health function will be added to the APP after the gender is set as female.

After setting the parameters according to the actual situation, the watch will display the relevant information of female menstruation, pregnancy preparation, pregnancy period and so on.

# Smart Watch Features

## **Music:**

After connecting the APP, you can control the playing of music in the mobile phone.

## **Alarm Clock:**

After connecting the watch to the APP, you can set a single alarm clock, a cycle alarm clock, and up to 5 alarm clocks.

## **Stop Watch**

Click on the start button on the stopwatch to start the timer and stop button to stop the timer.

You can even pause, reset or pin the laps.

# Smart Watch Features

## **Timer:**

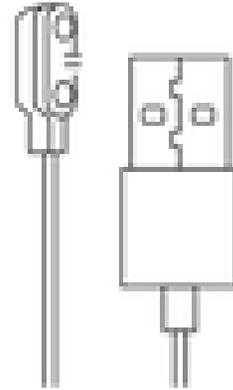
The system presets the common time duration. You can click the corresponding time duration to time quickly or click the custom button to set the time.

Click the Start button to start the timing, click the pause button to pause the timing, click the reset button to reset the timing to zero.

## **Always-on display:**

After this function is enabled, the time will be displayed on the screen-off , and the watch will increase the power consumption. Please use it according to your own needs.

# CHARGING GUIDELINES



- Use only 10W adapters for charging your smart watch.
- Caution against using high-power mobile adapters (beyond 10W), as this may lead to charger faults.
- Using adapters with higher power ratings can result in malfunctions and reduce the lifespan of device and your chargers.
- Users can contact customer support for any further assistance or clarification on concerns related to charging and power adapters.



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