

STOP THE SPREAD

Do Not Enter

- IF YOU ARE EXPERIENCING SYMPTOMS:
FEVER, COUGH, DIFFICULTY BREATHING.
- IF YOU HAVE BEEN EXPOSED TO COVID-19

COVID-19 NOVEL CORONAVIRUS

Mesa County Public Health is the trusted source for current information

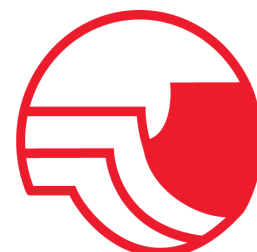
- Stay home if you are sick.
- Call your Healthcare provider. **Do Not** go in person unless directed by phone. **Do Not** go to the emergency room.
- Wash your hands often with soap and water for at least 20 seconds (if soap and water aren't available, use hand sanitizer containing at least 60% alcohol).
- Cover your nose and mouth with a tissue or your elbow when coughing and sneezing.
- Avoid close contact with anyone with cold or flu-like symptoms.

Latest Information: health.mesacounty.us/COVID19



Aim your camera at this code

Hotline
(970) 683-2300



**MESA COUNTY
PUBLIC HEALTH**