

THE RETHiNK KiT

Expanding Compassion Dear Planet Earth

LEARNING OUTCOMES



Social awareness
& Responsible
decision-making

MATERIALS NEEDED



A pair of gloves
Recycling bag

TIME IT TAKES



30 minutes

1. What?

A physical activity that invites the participant(s) to become a caretaker of the Earth, while inspiring others to do the same.

2. Why?

In this activity, the participant(s) will build an increased awareness around the preciousness of our planet that will lead to discovering proactive ways to protect their environment.

3. How?

- + Ask the participant(s) to work together with a friend and choose a location in their community where they can help clean up pieces of trash from natural habitats and public spaces. The intention of this activity is to make a positive impact, prevent harm to wildlife and protect plants, insects and animals.
- + Once the activity is completed, have participant(s) engage in a discussion using the suggested conversation starters as a jumping off point.

4. Conversation Starters

- + Based on your new awareness of the natural habitats and/or public spaces in your community, what do you believe your environment might be trying to tell you?
- + Make a list of five calls to action that you can fulfill to protect biodiversity while inspiring others to do the same.

Did You Know?

In its lifetime, one reusable bag can prevent the use of 600 plastic bags, and shutting down a computer when not in use can cut energy consumption by 85%.