



100 Mile Patriot Challenge

September 21-November 23, 2019

Hosted by the Pinecrest H.S. Wrestling Team

Challenge: You have 64 days to run or walk 100 miles. This is an exciting way to get in shape or stay in shape.

How: You can complete the challenge as an individual or as a team of two.

When: The Patriot Challenge will run from Sep 21 – Nov 23, 2019. Upon completion, please show us your tracking sheet and you will receive a T-Shirt.

Questions?: Please contact Coach Bob Curtin at pinecrestwrestlingclub@gmail.com

Registration & Payment due by: Fri., Oct 18, 2019

Circle One:	Individual:	\$20.00 each
	Team of Two:	\$37.00 per team

All entrants must fill out separate entry sheets. Checks payable to: Pinecrest Wrestling or submit payment online at www.pinecrestwrestlingclub.com

Please drop checks and payment to: Pinecrest H.S. c/o Bob Curtin, 250 Voit Gilmore Lane, Southern Pines, NC 28387

Name _____ Age _____ Phone _____

Address _____ City/State/Zip _____

E-mail address _____

Team Name: _____

Live out of the area but you still want to participate? Not a problem! We will mail your T-Shirts for an additional \$8.

Shirt Size: Adult:	Small	Medium	Large	Extra Large	2XL (+\$2)	3XL (+\$2)
Youth:	Small	Medium	Large	Extra Large		

In consideration of the foregoing, I hereby release Pinecrest Wrestling from all damages, actions, or causes whatsoever, in any manner arising out of my voluntary participation in said event. **ALL PARTICIPANTS UNDER 18 MUST HAVE PARENT OR GUARDIAN SIGN FOR THEM TO PARTICIPATE.**

Signature: _____ Date: _____