



SEASON 26

RECITAL HANDBOOK

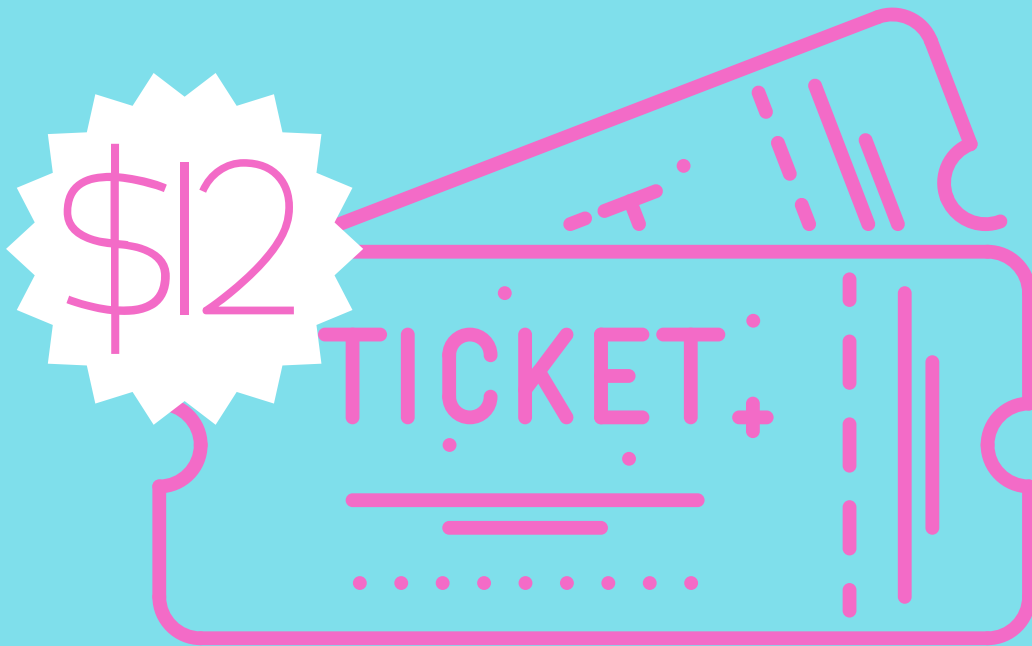


LORTON PAC AT UNIVERSITY OF TULSA
550 S. Gary Pl. Tulsa, Ok 74104

MAY 20, 21, 22

VIP TICKETS ON SALE

NOW-MAY 12TH AT 9PM



ALL VIP TICKET HOLDERS WILL AUTOMATICALLY BE ENTERED INTO A VIP DRAWING. 3 WINNERS WILL BE ANNOUNCED DURING EACH RECITAL!

Prizes Include:

- 1-month FREE tuition (\$76 value)
- 1 FREE 2025 recital costume (\$75 value)
- 1 FREE 2025 recital fee (\$75 value)



OR



Only VIP ticket holders will have access to front row seating, but all other seating is FREE and available first come first serve. Dancers are encouraged to bring as many guests as they want!

RECITAL 1, MONDAY

May 20th at 6pm

1. Mini Mindz - "Chain Hang Low"
2. Bloom - "Have a Little Faith"
3. Creative Movement - Saturday 9:30 - "Young at Heart" (Ms. Leah)
4. STDCBC - "Paquita" (Aletta)
5. Thr!ve Company - "The End is Just the Beginning"
6. Bloom - "Diamond in the Sun"
7. Bloom - "Sitting on the Dock of the Bay"
8. STDCBC - "Enchantment"
9. Ballet/Jazz - Monday 4:15pm - "Happy" (Ms. Shana)
10. Lil Mindz - "Swag Surfin"
11. Lil Hip Hop - Wednesday 4:00pm - "Intentions" (Mr. Chris)
12. Thr!ve Company - "Stranded"
13. Ballet/Tap - Wednesday 5:15pm - "A Dream is a Wish Your Heart Makes" (Ms. Teagan)
14. Bloom - "No Bad News"
15. Thr!ve Company - "Tranquility"
16. Ballet/Tap - Saturday 10:00am - "Grand Adventure" (Ms. Leah)
17. STDCBC - "Innermost"
18. Thr!ve Company - "Between Thoughts"
19. Bloom - "Boom Boom"
20. Thr!ve Company - "By Your Side"
21. Bloom - "Better Place"
- INTERMISSION
22. Intro to Tumbling - Tuesday 5:15pm - "On Top of the World" (Ms. Angeles)
23. Beginner Tumbling - Tuesday 4:15pm - "Welcome to New York" (Ms. Leslie)
24. Bloom - "The Wind"
25. STDCBC - "Pas de Trois" Variation (Nora)
26. Ballet/Jazz 2 - Tuesday 5:00pm - "Hey, Now!" (Ms. Gretchen)
27. Lil Mindz - "She in Ha Mood"
28. Bloom - "Yacht Rock"
29. Bloom - "Slipping Through My Fingers"
30. Bloom - "Open Hands"
31. Thr!ve Company - "Never Dreamed You'd Leave in Summer"
32. STDCBC - "Into the Lights"
33. Hip Hop 2 - Wednesday 5:15pm - "Never Say Never" (Mr. Chris)
34. Bloom - "Look Up Child"
35. Bloom - "Grace Kelly"
36. Bloom - "Sparrow"
37. Thr!ve Company - "Submerged"
38. Thr!ve Company - "So Sudden"
39. Tap Trio - Friday 4:30pm - "Wonderland" (Ms. Gretchen)
40. Bloom - "Best Fake Smile"
41. Bloom - "Istanbul not Constantinople"
42. STDCBC - Variation from "Coppelia" (Myla)
43. Thr!ve Company - "Look at Me"
- FINALE

All dances listed in **BLACK** will have stage time in full hair/makeup & costume, you can find your arrival time [HERE](#). All other dancers will need to arrive & check in at 5:30pm.

RECITAL 1, MONDAY

May 20th at 6pm

Dress Rehearsal

4:45pm

Intro to Tumbling - Tuesday 5:15pm
"On Top of the World" (Ms. Angeles)

4:45pm

Beginner Tumbling - Tuesday 4:15pm
"Welcome to New York" (Ms. Leslie)

5:00pm

Tap Trio - Friday 4:30pm
"Wonderland" (Ms. Gretchen)

5:00pm

Ballet/Jazz 2 - Tuesday 5:00pm
"Hey, Now!" (Ms. Gretchen)

5:15pm

Hip Hop 2 - Wednesday 5:15pm
"Never Say Never" (Mr. Chris)

5:15pm

Lil Hip Hop - Wednesday 4:00pm
"Intentions" (Mr. Chris)

5:30pm

Creative Movement - Saturday 9:30
"Young at Heart" (Ms. Leah)

5:30pm

Ballet/Tap - Saturday 10:00am
"Grand Adventure" (Ms. Leah)

5:45pm

Ballet/Jazz - Monday 4:15pm
"Happy" (Ms. Shana)

5:45pm

Ballet/Tap - Wednesday 5:15pm
"A Dream is a Wish Your Heart Makes"
(Ms. Teagan)

ALL DANCERS MUST CHECK IN 15 MINUTES PRIOR TO THEIR ABOVE REHEARSAL TIME.

RECITAL 2, TUESDAY

May 21st at 6pm

1. Thr!ve Company - "Musica"
 2. Mini Mindz - "Get Silly"
 3. Ballet/Tap - Monday 10:00am - "My Favorite Things" (Ms. Shana)
 4. Bloom - "Little Voice"
 5. Thr!ve Pre-Co "The Beat Goes On"
 6. Thr!ve Company - "Walk Upon Glass" OR "I Gotcha"
 7. Bloom - "Forward"
 8. Thr!ve Company - "I Stand Alone"
 9. Boom Booms 2 "Tina"
 10. Thr!ve Company - "Vanish"
 11. Lyrical/Contemporary 3 - Wednesday 7:15pm - "Dreams" (Ms. Teagan)
 12. Thr!ve Company - "Sharp Around the Edges" OR "Close to Dark"
 13. Thr!ve Pre-Co - "Smile"
 14. Bloom - "I Am Light"
 15. Ballet/Tap/Jazz - Friday 5:00pm - "A Million Dreams" (Ms. Angeles)
 16. Bloom - "Take Me Home"
 17. Bloom - "Time After Time"
 18. Thr!ve Company - "Bad Bad Thing"
 19. Bloom - "Meet Me at the Roxy"
 20. Lil Hip Hop/Tumbling - Monday 5:15pm - "Good Life" (Ms. Elizabeth)
 21. Thr!ve Company - "Seeking Truth"
 22. Intermediate Tumbling - Wednesday 5:15pm - "Let's Get Loud" (Ms. Leslie)
- INTERMISSION
23. Daddy/Daughter - "Barbie Meets her Superhero" (Ms. Gretchen)
 24. Thr!ve Company - "Letting Go"
 25. Bloom - "Orange Color Sky"
 26. STDCBC - "Mirror"
 27. Thr!ve Company - "Don't Leave Me For a Second" OR "Prim and Proper"
 28. Ballet/Jazz - Thursday 4:15pm - "Uptown Girl" (Ms. Elizabeth)
 29. Bloom - "Home"
 30. Thr!ve Pre-Co - "The Search"
 31. Bloom - "I Am Woman"
 32. Bloom - "Thursday"
 33. Thr!ve Company - "Nocturne"
 34. Tap 2 - Tuesday 4:15pm - "Dreamgirls" (Ms. Gretchen)
 35. Bloom - "Respect"
 36. Boom Booms 1 - "Whitney"
 37. Bloom - "Perfect Day"
 38. STDCBC - "La Bayadere Shades" Variation (Hadley)
 39. Hip Hop 3 - Wednesday 6:15pm - "Walk It Out" (Mr. Chris)
 40. Thr!ve Company - "Prelude to a Soul"
 41. STDCBC - "Blooming Flower"
 42. Boys Hip Hop - Tuesday 3:45pm - "Freeze" (Mr. Chris)
 43. Thr!ve Company - "When Everything Dissipates"
 44. Bloom - "Collide"
 45. Thr!ve Company - "Parting of Ways" OR "Smoke Signal" OR "WooHoo"
 46. Thr!ve Pre-Co - "Dreamer"
 47. Thr!ve Company - "Arena"

FINALE

All dances listed in **BLACK** will have stage time in full hair/makeup & costume, you can find your arrival time [HERE](#). All other dancers will need to arrive & check in at 5:30pm.

RECITAL 2, TUESDAY

May 21st at 6pm

Dress Rehearsal

4:45pm

Intermediate Tumbling- Wednesday 5:15pm
"Let's Get Loud" (Ms. Leslie)

4:45pm

Lyrical/Contemporary 3 - Wednesday 7:15pm
"Dreams" (Ms. Teagan)

5:00pm

Tap 2 - Tuesday 4:15pm
"Dreamgirls" (Ms. Gretchen)

5:00pm

Hip Hop 3 - Wednesday 6:15pm
"Walk It Out" (Mr. Chris)

5:15pm

Boys Hip Hop - Tuesday 3:45pm
"Freeze" (Mr. Chris)

5:15pm

Daddy/Daughter
"Barbie Meets her Superhero" (Ms. Gretchen)

5:30pm

Lil Hip Hop/Tumbling - Monday 5:15pm
"Good Life" (Ms. Elizabeth)

5:30pm

Ballet/Jazz - Thursday 4:15pm
"Uptown Girl" (Ms. Elizabeth)

5:45pm

Ballet/Tap - Monday 10:00am
"My Favorite Things" (Ms. Shana)

5:45pm

Ballet/Tap/Jazz - Friday 5:00pm
"A Million Dreams" (Ms. Angeles)

ALL DANCERS MUST CHECK IN 15 MINUTES PRIOR TO THEIR ABOVE REHEARSAL TIME.

RECITAL 3, WEDNESDAY

May 22nd at 6pm

1. Thr!ve Company - "Mein Herr"
2. Thr!ve Pre-Co - "Speak"
3. Lil Mindz - "For Real, For Real"
4. Creative Movement - Tuesday 10:00am - "There's Always Tomorrow Where Dreams Do Come True" (Ms. Keally)
5. Thr!ve Pre-Co - "Devil with the Blue Dress"
6. Thr!ve Pre-Co - "The Spring"
7. Thr!ve Company - "When She Went Away"
8. Ballet/Tap - Tuesday 6:00pm - "What Else Can I Do?" (Ms. Shana)
9. Thr!ve Pre-Co - "Clear Blue Morning"
10. Thr!ve Pre-Co - "Lament"
11. Thr!ve Company - Jaeda/Kaitlyn Duet "It's Only Down From Here"
12. Jazz 3 - Tuesday 6:00pm - "I Hope I Get It" (Ms. Rachel)
13. Thr!ve Pre-Co - "Foolish Games"
14. Thr!ve Pre-Co - "Saturday Night"
15. STDCBC - "Odalisque" (Heidi)
16. Thr!ve Company - "Dolce"
17. Thr!ve Company - "Tomorrow's Memory"
18. Thr!ve Pre-Co - "The Blessing"
19. Teen Hip Hop - Wednesday 7:45pm - "Sensational" (Mr. Chris)
20. Thr!ve Pre-Co - "Angel"
21. Thr!ve Company - "Silent Fall"
22. Thr!ve Pre-Co - "Bring on the Rain"
- INTERMISSION
23. Thr!ve Company - "What Lurks in the Dark"
24. Thr!ve Pre-Co - "Unhinged"
25. Thr!ve Company - "Stalemate"
26. Lil Mindz - "Money"
27. STDCBC - "Pas D'esclave" (Maguire)
28. Thr!ve Company - "Touch" OR "Behind Open Doors"
29. Thr!ve Pre-Co - "I Talk the Talk"
30. Thr!ve Pre-Co - "Mother"
31. STDCBC - "Gamzatti" Variation from La Bayadere (Bella)
32. Ballet 1 - Monday 4:30pm - "How Far I'll Go" (Ms. Madalina)
33. Thr!ve Company - "And You'll Forget Where You Are"
34. Thr!ve Company - "Their Undoing"
35. Thr!ve Pre-Co - "Pictures of You"
36. Thr!ve Pre-Co - "Near Light"
37. Jazz 2 Thursday 5:15pm - "Wings" (Ms. Rachel)
38. Thr!ve Company - "Gloaming"
39. Ballet 3/4 - Tuesday 7:00pm - "Team" (Ms. Gretchen)
40. Lil Mindz - "On the Line"
41. Thr!ve Company - "Without a Doubt"
42. Thr!ve Company - "Within the Air's Reach"
43. Thr!ve Company - "Fight or Flight"
44. Thr!ve Pre-Co - "We'll Be Alright"
- FINALE

All dances listed in **BLACK** will have stage time in full hair/makeup & costume, you can find your arrival time [HERE](#). All other dancers will need to arrive & check in at 5:30pm.

RECITAL 3, WEDNESDAY

May 22nd at 6pm

Dress Rehearsal

4:50pm

Teen Hip Hop - Wednesday 7:45pm
"Sensational" (Mr. Chris)

5:00pm

Ballet 3/4 - Tuesday 7:00pm
"Team" (Ms. Gretchen)

5:10pm

Jazz 3 - Tuesday 6:00pm
"I Hope I Get It" (Ms. Rachel)

5:20pm

Jazz 2 - Thursday 5:15pm
"Wings" (Ms. Rachel)

5:30pm

Ballet 1 - Monday 4:30pm
"How Far I'll Go" (Ms. Madalina)

5:40pm

Creative Movement - Tuesday 10:00am
"There's Always Tomorrow Where Dreams
Do Come True" (Ms. Keally)

5:50pm

Ballet/Tap - Tuesday 6:00pm
"What Else Can I Do?" (Ms. Shana)

**ALL DANCERS MUST CHECK IN 15 MINUTES PRIOR
TO THEIR ABOVE REHEARSAL TIME.**

RECITAL ATTIRE & STYLE PREFERENCES

EACH DANCER SHOULD WEAR THEIR COSTUME ALONG WITH THE APPROPRIATE SHOES, TIGHTS & HAIRSTYLE. STAGE MAKEUP IS STRONGLY ENCOURAGED TO COMPLETE THE LOOK..

You will find hair & makeup tutorials [HERE](#) & you can check the boutique for tights we have in stock.

Class Day	Class Time	Class Name	Teacher	Tights/Socks	Shoes	Hair
Monday	10:00	Ballet/Tap	Shana	Pink Footed or Convertible	Pink Ballet	High Bun w/Flower
Monday	4:15	Ballet/Jazz	Shana	Tan Footed or Convertible	Tan Jazz	High Ponytail w/Bow
Monday	4:30	Ballet 1	Madalina	Pink Footed or Convertible	Pink Ballet	Low Bun
Monday	5:15	Lil HH/Tumbling	Elizabeth	White No Show Socks	Black Tennis Shoes	High Ponytail
Tuesday	10:00	Creative Movement	Keally	Pink Footless	No Shoes	High Bun
Tuesday	3:45	Boys Hip Hop	Chris	No Show Socks	Black Tennis Shoes	-
Tuesday	4:15	Tap 2	Gretchen	Tan Footed or Convertible	Tap	High Curly Ponytail
Tuesday	4:15	Beginner Tumbling	Leslie	No Tights/Socks-Wear All Black (Anything Goes)	No Shoes	Ponytail or Bun (Your Choice)
Tuesday	5:00	Ballet/Jazz 2	Gretchen	Tan Footed or Convertible	Jazz	High Ponytail
Tuesday	5:15	Intro to Tumbling	Angeles	No Tights/Socks-Wear All Black (Anything Goes)	No Shoes	Low Ponytail
Tuesday	6:00	Ballet/Tap	Shana	Pink Footed or Convertible	Pink Ballet	High Bun w/Flower
Tuesday	6:00	Jazz 3	Rachel	Tan Footed or Convertible	Tan jazz	Low Bun/Middle Part
Tuesday	7:00	Ballet 3/4	Gretchen	Pink Footed or Convertible	Ballet	Low Bun
Wednesday	4:00	Lil Hip Hop	Chris	No Show Socks	Black Tennis Shoes	High Ponytail
Wednesday	5:15	Hip Hop 2	Chris	No Show Socks	Black Tennis Shoes	High Curly Ponytail
Wednesday	5:15	Ballet/Tap	Teagan	Pink Footed or Convertible	Pink Ballet	High Bun w/Flower
Wednesday	5:15	Int. Tumbling	Leslie	No Tights/Socks-Wear All Black (Anything Goes)	No Shoes	Ponytail or Bun (Your Choice)
Wednesday	6:15	Hip Hop 3	Chris	No Show Socks	Black Tennis Shoes	High Ponytail
Wednesday	7:15	Lyr/Cont 3	Teagan	No Tights	No Shoes	Low Ponytail
Wednesday	7:45	Teen Hip Hop	Chris	No Show Socks	Black Tennis Shoes	High Ponytail
Thursday	4:15	Ballet/Jazz	Elizabeth	Tan Footed or Convertible	Tan Jazz	Low Ponytail w/Hairpiece on Left Side of Head
Thursday	5:15	Jazz 2	Rachel	Tan Footed or Convertible	Tan Jazz	High Ponytail
Friday	5:00	Ballet/Tap/Jazz	Angeles	Pink Footed or Convertible	Pink Ballet	Mid Bun
Saturday	9:30	Creative Movement	Leah	Pink Footless	None	High Ponytail (Curls Optional) w/Bow
Saturday	10:00	Ballet/Tap	Leah	Pink Footed or Convertible	Pink Ballet	High Bun w/Hairpiece Off Center to the Right

HAIR & MAKEUP TIPS & TUTORIALS

Hair

Below are examples of dance hairstyles. Videos are not available for all styles, but you can learn the technique by watching multiple videos. For example, if you have a high bun you can watch the high pony video to get your base & then watch the low bun video to see the technique on how to wrap your bun. These are just meant to be helpful, just try your best, no stress! Please make sure hair is slicked back with no flyaways and bangs out of face. For best results, use gel/hairspray.

[Click Here For High Ponytail Video](#)

[Click Here For Low Ponytail Video](#)

[Click Here For Low Bun Video](#)

Makeup

As mentioned previously makeup is strongly encouraged for all female dancers as the bright stage lights can wash out their faces. The video below is a full stage look, you can do as much or as little as you would like.

A good in between would be blush, eye makeup & lipstick. A neutral eyeshadow palette works great for adding dimension, a pink blush will add color to their face and a shade of red is the best stage lipstick.

[Click Here For Makeup Video](#)

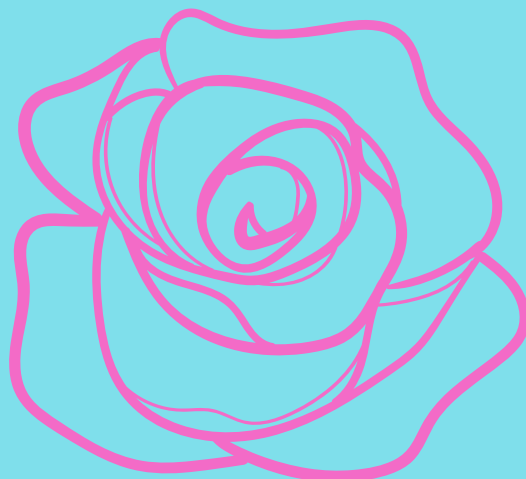
RECITAL PRE-ORDERS

PRE-ORDERS FOR TIGHTS, MAKEUP, TROPHIES, TEDDY BEARS & T-SHIRTS ARE NOW CLOSED!

CHECK THE BOUTIQUE FOR TIGHTS WE HAVE IN STOCK & CHECK RECITAL FOR ANY EXTRA RECITAL ITEMS WE HAVE FOR PURCHASE.

ROSES ARE STILL AVAILABLE FOR PRE-ORDER OR CAN BE PURCHASED AT RECITAL (WHILE SUPPLIES LAST)

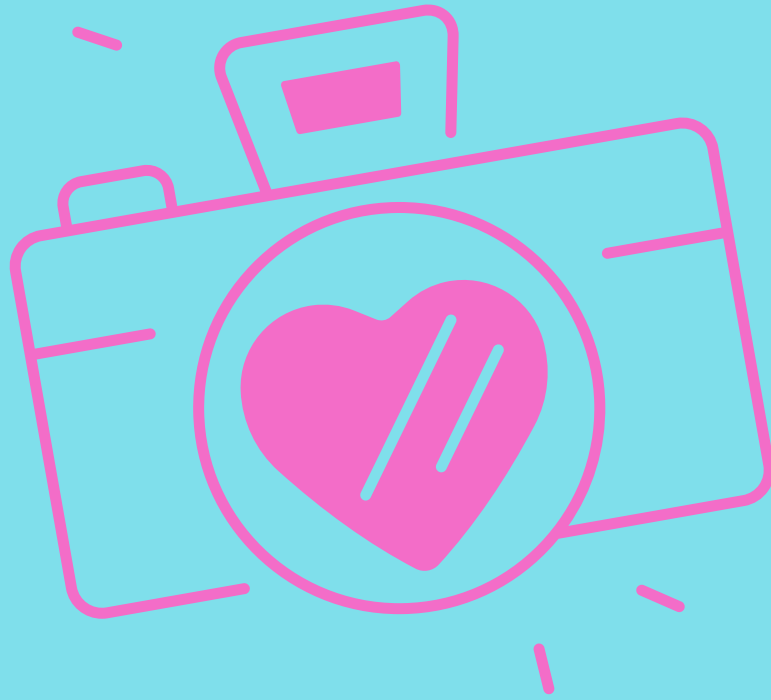
ROSE BOUQUETS



PRE-ORDER QUESTIONS CONTACT BROOKE@SOUTHTULSADANCECO.COM

PICTURE WEEK

MAY 6TH-11TH



For picture week you will wear your costume with the appropriate tights and shoes. Reference [HERE](#) for more details.

Please Note: Tights from pre-order will be in & ready for pickup by picture week, see ordering details [HERE](#).

Hair & Makeup can be done to your liking.

More Details Coming Soon

BACKSTAGE DETAILS *& Stage Moms*

DUE TO GIRLS CHANGING IN/OUT OF COSTUMES, WE ONLY ALLOW MOMS/FEMALES BACKSTAGE.

A PARENT MAY COME BACK STAGE TO HELP WITH QUICK CHANGES IF THE DANCER HAS MORE THAN 1 DANCE IN THE RECITAL.

WE ALSO HAVE A DESIGNATED PLACE FOR BOY DANCERS.

YOU MAY BRING NON-MESSY SNACKS, SUCH AS CRACKERS OR CHIPS BUT PLEASE NO CHOCOLATE, GUMMIES OR ANYTHING THAT CAN POTENTIALLY RUIN THE DANCER'S COSTUME OR THE PAC CARPET.

YOU CAN ALSO BRING ACTIVITIES FOR THE DANCERS WHILE THEY'RE WAITING TO BE ON STAGE, AGAIN NON-MESSY OPTIONS SUCH AS CRAYONS, COLORING SHEETS OR BRACELET MAKING KITS.

CALLING ALL DANCE MOMS!

EACH CLASS LEVEL 2 AND UNDER WILL NEED 2 STAGE MOMS TO HELP SUPERVISE BACKSTAGE DURING THE RECITAL.

STAGE MOMS HAVE TO STAY BACKSTAGE WITH THE CLASS FOR THE DURATION OF THE RECITAL.

THERE ARE DESIGNATED SEATS IN THE AUDIENCE TO WATCH YOUR DANCER'S PERFORMANCE.

ALL STAGE MOMS WILL GET A FREE RECITAL SHIRT!

IF YOU'RE INTERESTED IN BECOMING A STAGE MOM PLEASE EMAIL GRETCHEN@SOUTHTULSADANCECO.COM FOR MORE INFORMATION.

RECITAL VIDEOS

AVAILABLE TO PURCHASE

Please no flash photography or videography during the recital. A professional videographer will capture each dancer on stage.

\$30 Order Now!

click
here



Ordering more than I show, use discount code STDCTAKE10 (only available for pre-orders, all videos will be full price day of/after recital.)

QUESTIONS?
CONTACT PAIGE BARGAS
918-798-9594

WWW.STILLBROOKPRODUCTIONS.COM

FINALE!

& Cupcakes

EACH RECITAL WILL BE 2.5-3 HOURS LONG &
ONLY HAPPENS ONCE A YEAR.

PLEASE STAY FOR THE ENTIRE SHOW SO ALL
DANCERS HAVE AN AUDIENCE.

ALL DANCERS WILL COME BACK OUT FOR A
FINAL BOW.

CUPCAKES CAN BE ENJOYED AFTER THE FINALE
IN THE PAC LOBBY.



ARE YOU READY FOR THE NEXT STEP?

Join Us For *Team Auditions*

Boom Booms

Parent Meeting: 4/25 at 5:45pm
Auditions: May 18th (Ages 4-6) 10:00am

Bloom

Parent Meeting: 4/24 at 7:15pm
Auditions: May 18th (Ages 7-9) 11:00am, (Ages 10 & up) 12:00pm

Mini Mindz/Lil Mindz

Parent Meeting: 4/24 at 4:45pm
Auditions: May 18th (Ages 7-11) 1:00pm, (Ages 12 & up) 1:45pm

THR!VE PreCo and THR!VE Company

Parent Meeting: Pre-Co 4/23 at 7:30pm, Company 4/23 at 8:00pm
Auditions: May 18th (Ages 7-9) 2:30pm, (Ages 10-12) 3:15pm, (Ages 13 & up) 4:15pm

Ballet Company

Parent Meeting: 4/23 at 8:30pm
Auditions: May 18th (Ages 9-11) 5:30pm, (Ages 12 & up) 6:30pm

CLICK ON THE TEAM NAMES ABOVE FOR THE 2024-2025 INFORMATION GUIDE
OR CONTACT COMPETITION COORDINATOR, MEGAN@SOUTH TULSADANCECO.COM
OR STUDIO OWNER/DIRECTOR, KEALLY@SOUTH TULSADANCECO.COM
FOR MORE INFORMATION.

STAY CONNECTED & Mark Your Calendar

APRIL 22ND-27TH

Student Appreciation Week

MAY 13TH

Fall Schedule Preview

MAY 24TH

Fall Enrollment Begins

**FOLLOW US ON INSTAGRAM, LIKE US ON FACEBOOK
& CHECK OUT OUR WEBSITE TO STAY UP TO DATE
ON WHAT'S HAPPENING AT THE STUDIO! AND DON'T
FORGET TO CHECK YOUR STDC EMAILS!**

