



TECH AGREEMENT

FOR RESPONSIBLE USE OF MY
PHONE AND THE INTERNET

GUIDELINES FOR USAGE TO KEEP YOU SAFE & REGRET FREE!



FAMILY CELL PHONE + INTERNET AGREEMENT



I understand that this is NOT my phone and that it was paid for by my parents. Having this phone is not a right—it is a privilege that can be taken away. I agree to take care of my device and will be responsible to pay for damages or replacement. I have read the following document and agree to the rules. I understand that if I have any questions, I should talk to my parents face-to-face.

INITIALS

_____ I am allowed to use my cell phone starting at ____am and will plug my phone in its docking location by ____pm on school nights and ____pm on weekends.

_____ I will always have my cell phone turned on when I'm out with friends and I will always answer calls or texts from my parents in a timely manner (except when it's not allowed to be used at school).

_____ I will learn and abide by technology etiquette such as not using my cell phone at family mealtimes or during family time. During this time, it will be turned off, silenced, or docked. In public (i.e. restaurants and movies), I will put away my phone, and I will NOT check it while speaking to another person. This is down-right rude!

_____ I will not text or talk on my phone when it's homework time or while I'm at school.

_____ I promise that my parents will always know any and all of my phone passwords. They are authorized to look at my phone whenever they feel necessary, even without my permission.

_____ I will never send or receive naked photos. EVER. I understand there are serious legal consequences that could impact mine or my parent's lives forever. I will not hide or delete messages and I will let my parents know if I receive inappropriate content so they can help me with what to do.

_____ I will never search for porn or anything that I would be embarrassed by if grandma found it.

_____ I will not engage in contact with people I have not MET IN PERSON as approved by my parents. I will not share personal information (name, phone, address, email, school, etc).

_____ I will NEVER send, forward or respond to mean or threatening messages. I am not a bully.

_____ I will never join social media networks or download files or apps without my parent's permission.

_____ I WILL NOT EVER use my cell phone while driving. I promise to pull over before ever touching my phone. If it is tempting for me, I will leave my phone in the glove box or the trunk.

CONSEQUENCES

If I fail to abide by any rules or do anything else deemed inappropriate or irresponsible, I may have one of the following consequences, or others that are appropriate to my infraction.

I understand that a cell phone is more than a piece of technology. If used wrongly, it can be a weapon that puts my safety at risk and can impact my future reputation, often in ways that I am not able to see or predict. My parents trust me to use it responsibly, and I may use it as long as I continue making smart choices.

I agree to always maintain a direct and open line of communication, asking my parent(s) or a trusted adult for help with anything that makes me uneasy or unsure. I promise to use my phone only for good.

These rules ensure that I'm always safe and happy. I agree to follow all of them and agree to the consequences above.

SIGNED

kid with phone

date

parent

date