## Tung's Acupuncture Workshop 2 | Earth Level (Di) 地部之卷

## for SustainHealth Academy

## Workshop Schedule

## Instructed by Michael Chung

	DAY 1	DAY 2	DAY 3	DAY 4
08:15 ~ 09:00	Sign in & Warm up	Sign in & Warm up	Sign in & Warm up	Sign in & Warm up
09:00 ~ 10:40	More Selected Essential Points on the Fingers & Hands (1.1 & 2.2)	More Selected Essential Points on the Scalp, Face, Forearms & Feet (10.10, 3.3 5.5, 6.6)	More Selected Essential     Points on the Legs & Thighs     (7.7 & 8.8)	<ul> <li>Discussion of Clinical Case Studies</li> </ul>
10:40 ~ 11:00	Energy Break	Energy Break	Energy Break	Energy Break
11:00 ~ 12:00	Live Demonstrations &     Small Group Hands on     Practice	Live Demonstrations &     Small Group Hands on     Practice	Live Demonstrations & Small Group Hands on Practice	Experience Sharing
12:00 ~ 13:30	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:30 ~ 15:00	<ul> <li>Point Locating &amp; Needling Technique</li> <li>Demonstration &amp; Small Group Hands-on Practice</li> </ul>	<ul> <li>Point Locating &amp; Needling Technique</li> <li>Demonstration &amp; Small Group Hands-on Practice</li> </ul>	<ul> <li>Point Locating &amp; Needling Technique</li> <li>Demonstration &amp; Small Group Hands-on Practice</li> </ul>	Protocols for Treating     Dermatological     Conditions
15:00 ~ 15:15	Energy Break	Energy Break	Energy Break	Energy Break
15:15 ~ 16:45	<ul> <li>Detailed Discussion on Yi Jing Theories of Yin Yang</li> </ul>	Detailed Discussion on Yi     Jing Theories of San Cai &     Ba Gua	<ul> <li>Detailed Discussion on Yi         Jing Theories of Kai He Shu</li> <li>Detailed Discussion on Zang         Fu Extraordinary Connections</li> </ul>	<ul> <li>Protocols for Treating Gynaecological Conditions</li> </ul>
16:45 ~ 17:00	Energy Break	Energy Break	Energy Break	Energy Break
17:00 ~ 17:30	Demo, Hands-on Practice & Summary of the day	Demo, Hands-on Practice & Summary of the day	Demo, Hands-on Practice & Summary of the day	Summary & Wrap Up