

## Schedule

**DAY 3 - 12 SEPTEMBER 2020** 

9:00 AM

INTRODUCTION, ANATOMY
AND PALPATATION

10:30 AM

TEA BREAK

10:45 AM

ASSESSMENT OF COMMON DYSFUNCTIONS, SIGNS & SYMPTOMS

11:30 AM

EFFECTIVE TCM AND EVIDENCE-BASED REHABILITATION TREATMENT STRATEGIES (SHOULDER, ELBOW, WRIST AND HAND)

12:30 PM

**LUNCH BREAK** 

1:30 PM

DEMONSTRATION & HANDS-ON LAB (SHOULDER, ELBOW, WRIST AND HAND)

3:30 PM

TEA BREAK

3:45 PM

CLINICAL PROTOCOLS AND CASE STUDIES

4:45 PM

Q & A