

# Schedule

DAY 1 - 10 SEPTEMBER 2020

**9:00 AM**

INTRODUCTION, ANATOMY  
AND PALPATION

**10:30 AM**

TEA BREAK

**10:45 AM**

ASSESSMENT OF COMMON  
DYSFUNCTIONS, SIGNS & SYMPTOMS

**11:30 AM**

EFFECTIVE TCM AND EVIDENCE-BASED  
REHABILITATION TREATMENT STRATEGIES  
(TMJ, CERVICAL AND THORACIC SPINE)

**12:30 PM**

LUNCH BREAK

**1:30 PM**

DEMONSTRATION & HANDS-ON LAB (TMJ,  
CERVICAL AND THORACIC SPINE)

**3:30 PM**

TEA BREAK

**3:45 PM**

CLINICAL PROTOCOLS AND CASE STUDIES

**4:45 PM**

Q & A



# Schedule

DAY 2 - 11 SEPTEMBER 2020

**9:00 AM**

INTRODUCTION, ANATOMY  
AND PALPATION

**10:30 AM**

TEA BREAK

**10:45 AM**

ASSESSMENT OF COMMON  
DYSFUNCTIONS, SIGNS & SYMPTOMS

**11:30 AM**

EFFECTIVE TCM AND EVIDENCE-BASED  
REHABILITATION TREATMENT STRATEGIES  
(LUMBAR, SACRAL AND PELVIC REGIONS)

**12:30 PM**

LUNCH BREAK

**1:30 PM**

DEMONSTRATION & HANDS-ON LAB  
(LUMBAR, SACRAL AND PELVIC REGIONS)

**3:30 PM**

TEA BREAK

**3:45 PM**

CLINICAL PROTOCOLS AND CASE STUDIES

**4:45 PM**

Q & A



# Schedule

DAY 3 - 12 SEPTEMBER 2020

**9:00 AM**

INTRODUCTION, ANATOMY  
AND PALPATION

**10:30 AM**

TEA BREAK

**10:45 AM**

ASSESSMENT OF COMMON  
DYSFUNCTIONS, SIGNS & SYMPTOMS

**11:30 AM**

EFFECTIVE TCM AND EVIDENCE-BASED  
REHABILITATION TREATMENT STRATEGIES  
(SHOULDER, ELBOW, WRIST AND HAND)

**12:30 PM**

LUNCH BREAK

**1:30 PM**

DEMONSTRATION & HANDS-ON LAB  
(SHOULDER, ELBOW, WRIST AND HAND)

**3:30 PM**

TEA BREAK

**3:45 PM**

CLINICAL PROTOCOLS AND CASE STUDIES

**4:45 PM**

Q & A



# Schedule

DAY 4 - 13 SEPTEMBER 2020

**9:00 AM**

INTRODUCTION, ANATOMY  
AND PALPATION

**10:30 AM**

TEA BREAK

**10:45 AM**

ASSESSMENT OF COMMON  
DYSFUNCTIONS, SIGNS & SYMPTOMS

**11:30 AM**

EFFECTIVE TCM AND EVIDENCE-BASED  
REHABILITATION TREATMENT STRATEGIES  
(HIP, KNEE, ANKLE AND FOOT)

**12:30 PM**

LUNCH BREAK

**1:30 PM**

DEMONSTRATION & HANDS-ON LAB (HIP,  
KNEE, ANKLE AND FOOT)

**3:30 PM**

TEA BREAK

**3:45 PM**

CLINICAL PROTOCOLS AND CASE STUDIES

**4:45 PM**

Q & A

