

# Schedule



## Dr Tan's Core Essentials: Module 1

Dr Eileen Han

Time	Day 1	Time	Day 2	Day 3
8:15AM - 9:00AM	Sign In		Sign In	Sign In
9:00AM - 10:45AM	<ul style="list-style-type: none"> <li>Introduction to the Balance Method</li> <li>History of the Balance Method and Dr Tan</li> <li>Overview and demo</li> </ul>	9:00AM - 10:30AM	<ul style="list-style-type: none"> <li>System Three of the Balance Method – detailed discussion and explanation</li> <li>System Three of the Balance Method – case studies and demos</li> </ul>	<ul style="list-style-type: none"> <li>Review of key concepts</li> <li>How to approach pain disorders when a patient walks into your clinic</li> </ul>
10:45AM - 11:00AM	Break	10:30AM - 10:45AM	Break	Break
11:00AM - 12:30PM	<ul style="list-style-type: none"> <li>Use of holographic images in the Balance Method</li> <li>Mirroring Format</li> <li>Imaging Format</li> </ul>	10:45AM - 12:30PM	<ul style="list-style-type: none"> <li>System Four of the Balance Method – detailed discussion and explanation</li> <li>System Four of the Balance Method – case studies and demos</li> <li>Hands – on practice</li> </ul>	<ul style="list-style-type: none"> <li>Case studies and demonstration – shoulder pain</li> <li>Case studies and demonstration – low Back/spine treatments</li> <li>Case studies and demonstration – bells palsy, shingles, nerve pain</li> </ul>
12:30PM - 1:30PM	Lunch	12:30PM - 1:30PM	Lunch	Lunch
1:30PM - 3:30PM	<ul style="list-style-type: none"> <li>System One of the Balance Method – detailed discussion and explanation</li> <li>System One of the Balance Method – case studies and demos</li> </ul>	1:30PM - 3:15PM	<ul style="list-style-type: none"> <li>System Five of the Balance Method – detailed discussion and explanation</li> <li>System Five of the Balance Method – case studies and demos</li> </ul>	<ul style="list-style-type: none"> <li>Case studies and demonstration – unexplained pain disorders and combo disorders involving multiple regions</li> <li>Choosing minimal needles and distal treatments – demos and case studies using cases from audience</li> </ul>
3:30PM - 3:45PM	Break	3:15PM - 3:30PM	Break	Break
3:45PM - 5:00PM	<ul style="list-style-type: none"> <li>System Two of the Balance Method – detailed discussion and explanation</li> <li>System Two of the Balance Method – case studies and demos</li> </ul>	3:30PM - 5:00PM	<ul style="list-style-type: none"> <li>When to choose which of the 5 systems. Integrating the systems</li> <li>Final demos and Q &amp; A</li> </ul>	<ul style="list-style-type: none"> <li>Practical concerns: Speaking with patients, handling complications, the number of treatments necessary for elimination of pain, red flags for medical assessment, etc.</li> <li>Final demos and Q &amp; A</li> </ul>