

SUSTAINHEALTH ACADEMY

COURSE OUTLINE - NEUROLOGICAL & PAIN DISORDERS- MODULE 2

TIME:	DAY 1 - SATURDAY, 3RD NOVEMBER	NOTES:
09:00 am – 11:00 am	Introduction of Nervous System	
11:00 am – 11:15 am	Break (tea/coffee provided)	
11:15 am – 1:00 pm	Diagnosis of Common Neurological Diseases	
1:00 pm – 2:00 pm	Lunch (not provided)	
02:00 pm – 3:30 pm	Central Nervous System Disease	
03:30 pm – 3:45 pm	Break (tea/coffee provided)	
03:45 pm – 5:00 pm	Central Nervous System Disease	

SUSTAINHEALTH ACADEMY

COURSE OUTLINE - NEUROLOGICAL & PAIN DISORDERS- MODULE 2

TIME:	DAY 2 - SUNDAY, 4TH NOVEMBER	NOTES:
09:00 am – 11:00 am	Cranial Nervous System Disease	
11:00 am – 11:15 am	Break (tea/coffee provided)	
11:15 am – 1:00 pm	Peripheral Nervous System Disease	
1:00 pm – 2:00 pm	Lunch (not provided)	
02:00 pm – 3:30 pm	Demonstration & Hands-on	
03:30 pm – 3:45 pm	Break (tea/coffee provided)	
03:45 pm – 5:00 pm	Demonstration & Hands-on	

SUSTAINHEALTH ACADEMY

COURSE OUTLINE - NEUROLOGICAL & PAIN DISORDERS- MODULE 2

TIME:	DAY 3 - MONDAY, 5TH NOVEMBER	NOTES:
09:00 am – 11:00 am	Different types of pain and Treatment of pain	
11:00 am – 11:15 am	Break (tea/coffee provided)	
11:15 am – 1:00 pm	Principles and the methods of needling	
1:00 pm – 2:00 pm	Lunch (not provided)	
02:00 pm – 3:30 pm	Treatment of Pain in Head and Neck	
03:30 pm – 3:45 pm	Break (tea/coffee provided)	
03:45 pm – 5:00 pm	Treatment of Pain in Upper/ Lower limbs	

SUSTAINHEALTH ACADEMY

COURSE OUTLINE - NEUROLOGICAL & PAIN DISORDERS- MODULE 2

TIME:	DAY 4 - TUESDAY, 6TH NOVEMBER	NOTES:
09:00 am – 11:00 am	Treatment of Pain in Spine and Internal organs	
11:00 am – 11:15 am	Break (tea/coffee provided)	
11:15 am – 1:00 pm	Introduction of Acupuncture Anesthesia	
1:00 pm – 2:00 pm	Lunch (not provided)	
02:00 pm – 3:30 pm	Demonstration & Hands-on	
03:30 pm – 3:45 pm	Break (tea/coffee provided)	
03:45 pm – 5:00 pm	Q & A	