

SUSTAINHEALTH ACADEMY

COURSE OUTLINE - BASICS OF SCALP ACUPUNCTURE

TIME:	DAY 1 - THURSDAY, 1ST NOVEMBER	NOTES:
09:00 am – 10:30 am	Introduction: Theory and Characteristics - Locations, Functions and Indications (Part 1)	
10:30 am – 10:50 am	Break (tea/coffee provided)	
10:50 am – 12:30 pm	Locations, Functions and Indications (Part 2)	
12:30 pm – 2:00 pm	Lunch (not provided)	
02:00 pm – 3:30 pm	Locating points + Hands On practice	
03:30 pm – 3:50 pm	Break (tea/coffee provided)	
03:50 pm – 5:00 pm	Locating points + Hands On practice	

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TIME:	DAY 2 - FRIDAY, 2ND NOVEMBER	NOTES:
09:00 am – 10:30 am	Operation of Zhu's Scalp Acupuncture – standard procedure + Special techniques + Daoyin	
10:30 am – 10:50 am	Break (tea/coffee provided)	
10:50 am – 12:30 pm	Operation of Zhu's Scalp Acupuncture – standard procedure + Special techniques + Daoyin	
12:30 pm – 2:00 pm	Lunch (not provided)	
02:00 pm – 3:30 pm	Demonstration	
03:30 pm – 3:50 pm	Break (tea/coffee provided)	
03:50 pm – 5:00 pm	Demonstration + Debrief + Q&A	