

Acupuncture Orthopedics

for SustainHealth Academy

Workshop Schedule

Instructed by Dr James Lu

	DAY 1	DAY 2	DAY 3	DAY 4
08:00 ~ 09:00	Sign in	Sign in	Sign in	Sign in
09:00 ~ 10:30	<ul style="list-style-type: none"> • Introduction, Anatomy & Palpitation 	<ul style="list-style-type: none"> • Introduction, Anatomy & Palpitation 	<ul style="list-style-type: none"> • Introduction, Anatomy & Palpitation 	<ul style="list-style-type: none"> • Introduction, Anatomy & Palpitation
10:30 ~ 10:45	Break	Break	Break	Break
10:45 ~ 12:30	<ul style="list-style-type: none"> • Assessment of Common Dysfunctions, Signs & Symptoms • Effective TCM & Evidence-based Rehabilitation Treatment Strategies (TMJ & Cervical & Thoracic Spine) 	<ul style="list-style-type: none"> • Assessment Of Common Dysfunctions, Signs & Symptoms • Effective Tcm And Evidence-Based Rehabilitation Treatment Strategies (Lumbar, Sacral And Pelvic Regions) 	<ul style="list-style-type: none"> • Assessment Of Common Dysfunctions, Signs & Symptoms • Effective Tcm And Evidence-Based Rehabilitation Treatment Strategies (Shoulder, Elbow, Wrist And Hand) 	<ul style="list-style-type: none"> • Assessment Of Common Dysfunctions, Signs & Symptoms • Effective Tcm And Evidence-Based Rehabilitation Treatment Strategies (Hip, Knee, Ankle And Foot)
12:30 ~ 13:30	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:30 ~ 15:30	<ul style="list-style-type: none"> • Demonstration & Hands-on Lab (TMJ & Cervical & Thoracic Spine) 	<ul style="list-style-type: none"> • Demonstration & Hands-On Lab (Lumbar, Sacral And Pelvic Regions) 	<ul style="list-style-type: none"> • Demonstration & Hands-On Lab (Shoulder, Elbow, Wrist And Hand) 	<ul style="list-style-type: none"> • Demonstration & Hands-On Lab (Hip, Knee, Ankle And Foot)
15:30 ~ 15:45	Break	Break	Break	Break
15:45 ~ 17:00	<ul style="list-style-type: none"> • Clinical Protocols And Case Studies • Q & A (15mins) 	<ul style="list-style-type: none"> • Clinical Protocols And Case Studies • Q & A (15mins) 	<ul style="list-style-type: none"> • Clinical Protocols And Case Studies • Q & A (15mins) 	<ul style="list-style-type: none"> • Clinical Protocols And Case Studies • Q & A (15mins)