

Name: \_\_\_\_\_

# How Do I Measure Up?

Partner up! Measure each other's height. Write it to the right.  
 Measure Column A and record results in Column B. About how many of each body part is needed to equal your height? Record in Column C.  
 Compare answers in Column C. Do any match? Write matches in Column D.



A Measurement of:	B Length (in. or cm.)	C How Many = Height?	D Same as?
Head (Around widest part)			
Arm (Shoulder bone to fingertips)			
Forearm (Elbow to wrist)			
Foot (Heel to tip of toe)			
Wrist (Around)			
Hand (Wrist to fingertip)			

How do my measurements compare with my partner's measurements? \_\_\_\_\_

How do my measurements compare to my teacher's measurements? \_\_\_\_\_