



★ Featured Display

Subject: Character Education

Learning Objectives: Practice positive self-talk and learn growth mindset strategies.

Create the display as shown, using Ready Letters® to spell out "How Do You" above the "Change Your Words Change Your Mindset" piece. Ask students how they think changing their mindset and self-talk can help them succeed, then invite them to try it.

Students keep a log of learning experiences for the next several days, noting when they felt successful and times when they felt stuck. Ask them to think about what messages they told themselves at those times. Were they positive or negative? How might the tone of their self-talk help or hurt their progress? Point out examples of when a positive mindset helps encourage persistence and focus.

Using two fixed and two growth mindset signs from the set as a starting point, hang them on the display. Students add their own growth mindset phrases based on their experiences. Repeat the activity using all of the signs from the set. Keep the display up for a great year-round reminder of ways kids can change their words to change their mindsets...and succeed!

★ You'll Need:

- T8427 I ♥ Metal™ Mindset Bulletin Board Set
 - T10673 I ♥ Metal™ Embossed Signs Classic Accents® Variety Pack
 - T79001 Black 3" Casual Ready Letters®
 - T92678 I ♥ Metal™ Dots on Patina Terrific Trimmers®
 - T92676 I ♥ Metal™ Dots on Black Terrific Trimmers®
 - T9872 Black Terrific Trimmers®
- Paper and pencils