Freeze-Dried Chicken 16oz Can

09.01.2020

Nutrition Facts

Serving Size 1/2 Cup (30g) Dry
(about 1/2 Cup prepared)
Servings Per Container 15

Amount Per Serving

Calories 150	Calories from Fat 45
	% Daily Value*
Total Fat 5g	**8**%
Saturated Fat 1.5g	**8**%
Trans Fat 0g	
Cholesterol 70mg	**23**%
Sodium 90mg	**4**%
Total Carbohydrate 0g	**0**%
Dietary Fiber 0g	**0**%
Sugars 0g	
Protein 25g	

Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: white meat chicken.