

Adult Body Sizing

All measurements are body measurements, not garment measurements

Men's Size	XXS	XS	S	M	L	XL	XXL	XXXL	XXXXL
Chest (in/cm)	31/97	34/86.5	37/94	40/101.5	43/109	47/119.5	51/129.5	55/140	58/147
Waist (in/cm)	24/61	27/69	30/76	33/84	36/91.5	39/99	42/106.5	45/114	48/122
Hips (in/cm)	31/79	34/86.5	37/94	40/101.5	43/109	46/117	49/124.5	52/132	55/140
Arms (in/cm)	31/79	32/81.5	33/84	34/86.5	35/89	36/91.5	37/94	38/96	39/99
Inseam (in/cm)	30/76	30.5/77.5	31/79	31.5/80	32/81.5	32.5/82.5	33/84	33.5/85	34/86
Neck (in/cm)	13.5/34	14/35.6	14.5/37	15.5/39.5	16/40.5	17/43	17.5/44.5	18/46	18.5/47

Women's Size	XS	S	M	L	XL	XXL
Chest (in/cm)	32/81.5	34/86.5	36/91.5	39/99	42/106.5	45/114
Waist (in/cm)	24/61	26/66	28/71	31/79	34/86.5	37/94
Hips (in/cm)	35/89	37/94	39/101.5	42/112	45/122	48/122
Arms (in/cm)	39/74	30/76	31/79	32/81.5	33/84	34/86
Inseam (in/cm)	27/69	28/71	29/73.5	30/76	31/79	32/81.5

Coveralls / Overalls Sizing

Viking® Men's and Women's Coveralls Body Measurement

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	32 - 34	36 - 38	40	42 - 44	46	48 - 50	52 - 54	56 - 58
Waist	26 - 28	29 - 31	34	35 - 37	40	42 - 44	46 - 48	50 - 52
Neck	14 - 14½	15	15½	16 - 16½	17 - 17½	18 - 18½	19 - 19½	20½
Weight (lbs.)	115	140	160	185	205	240	280	320
Outsleeve Length	31	32	33	34	35	36¼	37½	38¾
Tall Size	N/A	N/A	N/A	LT	XLT	2XLT	3XLT	N/A

Tall sizes are longer in the front, back, inseam, and sleeves

Viking® Firewall FR® Unisex Outerwear: Parka, Fleece, & Bib Overalls

Label Size	S		M		L		XL	XXL		XXXL	
Chest	34	36	38	40	42	44	46	48	50	52	54
Outsleeve Length	32¼	33	34		35		36	37¼		38½	

Viking® Firewall FR® Unisex Pants & Shirts

Label Size	S		M		L		XL	XXL		XXXL	
Chest	34	36	38	40	42	44	46	48	50	52	54
Neck	14	14½	15	15½	16	16½	17 - 17½	18	18½	19	19½
Outsleeve Length	31	32	33		34		35	36		37	
Waist (Pants)	28	30	32	34	36	38	40	42	44	46	48
Weight (lbs.)	115	130	145	160	175	190	205	220	240	260	280