

ALEVO / RL Smart / Capero

Cleaning and disinfection

The frame and the paneling of the wheelchair can be cleaned with a moist cloth. You can use a mild detergent for more stubborn dirt. The wheels can be cleaned with a wet synthetic fiber brush (do not use a wire brush!) Push handles, arm pads, and seat and back pads can be washed off. Use a mild detergent. Use a disinfectant listed by VAH for disinfection.

USE

Walking

Make your first attempts to walk with the rollator on a level, firm surface. Familiarise yourself with the function of the brakes. Let someone accompany you during this initial period. For an anatomically correct gait, the push handles must be set at proper height

- Place yourself in the rollator so that your ankles are at the height of the rear wheels.
- Stand with good posture.
- Grasp the push handles with both hands and your arms bent at a slight angle.

When walking with the rollator try to stay as close as possible with the body to the push handles. This increases the stability and safety against tipping over; in addition, avoid a crooked back. Try to generally walk in the rollator and not behind it. Take small steps and do not push the rollator too far ahead. You can determine the change of direction and speed by pushing the rollator. Always use the brakes to slow down your movement. The rollator could otherwise turn with the unbraked wheel and the braked wheel, and could fall over.

Go around obstacles whenever possible. Try to use ramps or take lifts. If this is not possible, the rollator must be carried over the obstacle. Find a second person to help you do this, if possible.

Seating area

The rollator is also designed to be used as a seat by the user for short breaks. It is therefore equipped with a seating area and a back support. You must absolutely activate the locking brakes before sitting down. The rollator could roll away and you could fall.

Lifting points

You can lift the rollator on the grips or frame sections, in order to carry it over obstacles or steps.

Brake Inspection

Make sure your brakes are operating properly before each use. It should not be possible to push the rollator away while the brakes are activated. The rollator should be easy to drive without grinding noises and with good direction stability when the brakes are released.

Checking the tires

Check whether the tyres are intact every time before driving.