

rise formula



Description

Activate energy and mental acuity to hit the ground running. This synergy of nootropics, adaptogens and micronutrients balances your internal systems while boosting cognitive clarity.

There's no room for jetlag when you're off to an important business meeting, exploring a new country, or facing another leg of travel. This herbal team of activators delivers sustained energy to access that extra dash of brilliance.

Plant alchemy activated

Lion's Mane leads the way for mental clarity while Ashwagandha takes charge of adrenal function and works with Green tea to balance stress hormones; Astragalus and Siberian Ginseng collaborate as adaptogens to strengthen the body and support immune function; Gotu Kola and Guaraná funnel energy into the brain and focus on memory, cognitive function and concentration; Schisandra acts as an adaptogen that balances some of the more energetic properties of the other herbs for a focused calm. Maca jumps in to improve mood (and flavor!) and boosts energy after extended periods of stress or overwhelm, while Coconut keeps you hydrated along the way. *

Arrive and shine with this powerful team of stamina and vitality enhancers.

Taste test

Packing a powerful punch, Rhodiola rocks this flavor boat and a tone of sweetness keeps her steady. To savor the flavor, drink it hot (a dash of nut milk heightens the experience).

Ingredients

No nuts, soy, dairy or sugar



Organic

Non-GMO

Vegan

Gluten-free

More than 90% of our ingredients are certified organic, and we are working with our manufacturer to tip that to 100%. For now, the ingredient exception in Rest is Stevia.

Benefits that rebalance the body

- Boost energy levels
- Mental alertness
- Cognitive function
- Hydration
- Enhanced vitality
- Adaptogenic



How to rise on Local Time



Designed to be mixed with liquid, ideally cold; drink as part of your wellness travel ritual.



on arrival

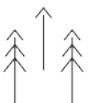
To hit the ground running, drink 1 Rise the morning after you arrive at your destination. To support the rebalancing of your circadian rhythm, we recommend taking Rise no later than 2:00pm, local time.



1-3 days post-arrival

You can continue taking Rise daily for a few days after arrival to adjust to local time. This product has traces of caffeine, so skip the coffee and avoid taking it with alcohol.

Paying your purchase forward



We direct a portion of every Local Time sale directly to the reforestation efforts of Tree Sisters.

Amplify the impact of rise

- Upon waking, seek the sun; within the first three days post-travel, soak in as much natural light as possible.
- Eat meals on local time; help your gut adjust by scheduling meals at a time that matches your new time zone.

Supplement Facts		
Serving Size 4.7g		
Servings Per Container 12		
	Per serving	Daily %
Organic Lions Mane (fruit) extract	1000mg	*
Organic Maca (root) extract	750mg	*
Organic Ashwagandha (root) extract	500mg	*
Organic Green Tea (leaf) extract	400mg	*
Organic Gotu Kola (herb) extract	400mg	*
Organic Rhodiola (root) extract	200mg	*
Organic Guarana (seed) powder	150mg	*
Organic Astragalus (root) extract	100mg	*
Organic Eleuthero (root) extract	90mg	*
Organic Schizandra (berry) powder	94mg	*
*Daily Values (DV) not established		
Weight	4678mg	

+ These statements have not been evaluated by the food and drug administration, this product is not intended to diagnose, treat, cure or prevent any disease.