defend formula



Description

Fortify your body's resilience and longevity. This potent blend of root, bark, berry and floral alchemy mobilizes your defenses against any assault on your health while you travel.

Close quarters, re-circulated air and stressful conditions put your body on the defensive to unwelcome bacteria and viruses, but this blend of wellness guardians has your immunity covered.

Plant Alchemy Activated

Cats Claw and Ginger keep viruses from invading; Elderberry flexes serious anti-microbial strength, while Acerola and Echinacea join forces to stimulate your body's natural defense mechanisms. Turmeric and Astragalus tackle that inflight inflammation while Pau D'Arco keeps those free radicals under control. Topped off with coconut juice powder to keep you hydrated. *

Together, we're covering all your immunity bases with the best in the business.

Taste test

The sweet and spicy combo of Turmeric and Ginger deliver instant zing on contact with your taste buds. To savor the flavor, drink it hot or cold, some like it with a splash of nut milk.

Ingredients

No nuts, soy, dairy or sugar



Organic Non-GMO

Vegan

Gluten-free

More than 90% of our ingredients are certified organic, and we are working with our manufacturer to tip that to 100%. For now, the ingredient exception in Defend is Stevia.

Benefits that rebalance the body

- Promotes resistance to disease
- Anti-inflammatory, anti-microbial, anti-viral
- Helps stimulate immune system
- Balance free radicals



How to defend on Local Time

Designed to be mixed with liquid, ideally cold; drink as part of your wellness travel ritual.



pre-flight

Mix 1 Defend pack in liquid and sip the day before you fly





in-flight Take 1 Defend shortly after takeoff.



on arrival

Take 1 Defend again upon arrival.



post arrival

For a turbo immunity boost, take 1 Defend for two additional days postflight.

Paying your purchase forward



We direct a portion of every Local Time sale directly to the reforestation efforts of Tree Sisters.

Amplify the impact of defend

- Avoid coffee or alcohol and prioritize sleep for • optimal results.
- Get grounded by reaping the benefits of five minutes barefoot, toes-in-earth.
- Extra strength for your immune system when • you hug a friend, a lover or try a cheek-to-bark fearless tree-hug!

Supplement Facts

	Per serving	Daily %
Vitamin C (from Acerola)	240mg	267%
Organic Acerola Cherry (fruit) extr	act 1000mg	*
Organic Ginger (root) extract	1000mg	*
Organic Pau D'Arco (bark) extract	600mg	*
Organic Turmeric (root) extract	500mg	*
Organic Astragalus (root) extract	200mg	*
Organic Cats Claw (bark) extract	200mg	*
Organic Elderberry (berry) powder	150mg	*
Organic Echinacea (root) extract	100mg	*
Black pepper (fruit) powder	10mg	*
*Daily Values (DV) not established		
Weight	4916mg	

+ These statements have not been evaluated by the food and drug administration, this product is not intended to diagnose, treat, cure or prevent any disease.