TAKE THIS BY Lianne...

SUNSHINE D3 + K2

Advanced Nanosphere Technology™ Liposome Spray. Nourish your heart, mood, and bone health. Feed your immunity.

Vitamin D3 is required for the absorption of minerals such as calcium and magnesium. Vitamin K2 is needed to direct the minerals to the right place, preventing an inappropriate calcification of soft tissues. The Advanced Nanosphere Technology™ in Sunshine D3 + K2 greatly increases the absorption and assimilation of both vitamins. This technology protects these valuable vitamins from stomach acids and bypasses the liver to ensure that the highest concentrations reach a variety of target tissues including bone, intestine, muscle, brain, skin and immune system cells.

There is overwhelming evidence confirming that the safety of vitamin D is dependent on adequate vitamin K2 (the MK-7 form). K2 can prevent bone loss associated with estrogen decline, especially in menopause. A number of trials have shown that the combination of K2 and vitamin D3 is more effective in preventing bone loss than either nutrient alone.



DOSAGE

Adult dose (12+): 10 sprays daily, or as advised by your healthcare practitioner. Take away from drinks and food.

Children under 12: 1 to 3 sprays daily. Children under 2 years, give 1 spray daily for 5 of 7 days. Age 3 and older, give 1 to 3 sprays daily, away from food and drinks.

Sunshine D3 + K2 is free of wheat, yeast, corn, soy, gluten, eggs, dairy, artificial colours, flavours, sugar and toxic preservatives.