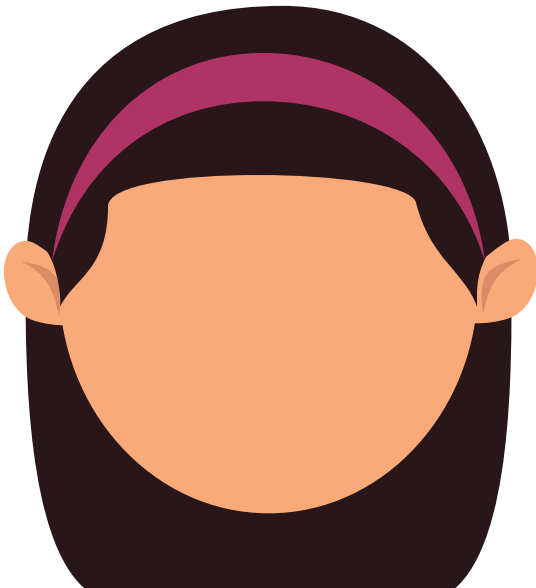
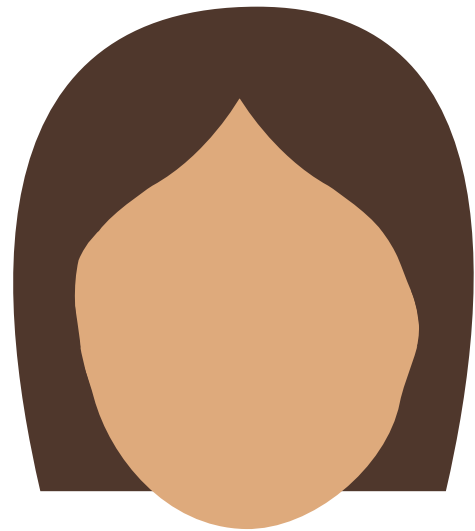
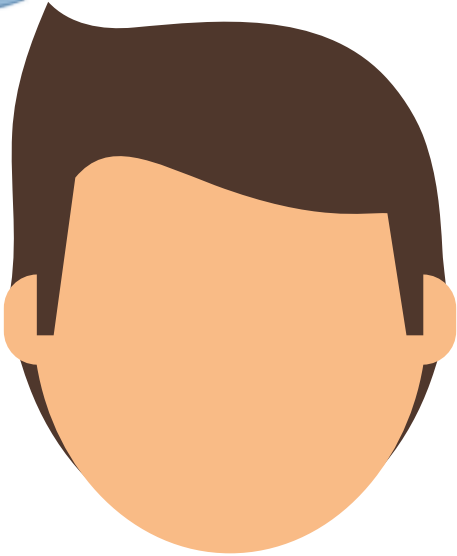


Why Do My Eyes Look Different?

A cut and paste craft activity to build your little one's awareness about the differences in eye shapes.



Aimi was teased about the shape of her eyes. "**It made me sad.**" she told Toco. Toco said her eyes were beautiful and one of many different eye shapes that we see in the world. Toco asked Aimi to help him match these beautiful eyes to their owner. Will you help them? All you need are scissors and some glue. Best part, there is no right or wrong!



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Grown Up Talk

WHY DO THIS?

We all have different shaped eyes. Unfortunately, some of our little ones are teased for the shape of their eyes. What starts as a joke can quickly escalate to bullying and impacts our little one's self confidence and self worth. Don't wait for your little one to tease or be teased to celebrate eyes that are different!

WHAT TO SAY?

1. Explore and discuss the different eye shapes

"Do the eyes look the same or different to you?"
"Which eyes are big, small, almond-shaped or hooded?"



[click here!](#)

To discover more conversations of confidence and kindness with Toco in our 'How We Look' Playbook!

2. Talk about how some kids are teased for the shape of their eyes.

A little girl was called '**Slanty Eyes**' in the playground. She was sad.
"How would you feel if that happened to you? Isn't it silly to tease someone about something they can't change?"

3. Give them phrases to use when they get teased.

"My eyes help me see. They're what make 'me' me." "Your eyes are different too. They're what make 'you' you."

Say It With Toco



WATCH OUTS!

1. "**All Asians have similar eyes.**" Nope. Our eye shapes are not always linked to our ethnicity.
2. Be aware if you label a person merely by the shape of their eyes. Don't ignore it either if you hear someone else do so. Call it out. Your kids are learning from you.

WHAT TO DO?

1. Draw their attention to all the different eyes we see in media. "**She has almond eyes. He has hooded eyes.**"
2. Use the right terms for the different eye shapes that we see around us. You can find it in our '**How we Look**' Play Book!

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