




Omega-3 Test

WYNIK TESTU

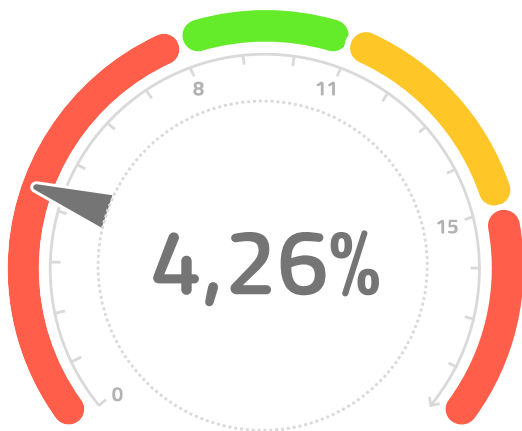
Wynik testu Omega-3

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Twój zmierzony indeks HS Omega 3

Indeks HS Omega 3 stanowi procent kwasów tłuszczowych Omega 3 EPA oraz DHA w całkowitej zawartości kwasów Tłuszczowych we krwi. Gdy wskaźnik jest wysoki, oznacza to mniejsze ryzyko wystąpienia chorób wieńcowych serca. Znając swój indeks HS Omega 3 daje Ci możliwość szczególnego zadbania o swoje zdrowie. Prawidłowe funkcjonowanie serca, mózgu, czy mięśni jest ściśle związane z tym, czy komórki posiadają odpowiednią ilość kwasów tłuszczowych Omega 3.

Test cerascreen® nie może odbywać się zamiast wizyty u lekarza, jak i również nie powinien mieć tego na celu. Dokument jest tworzony automatycznie i jest ważny bez podpisu.

Pożądany zakres: 8% - 11%.



Jeśli masz jakiegokolwiek pytania odnośnie swoich wyników, prosimy skontaktować się z nami za pośrednictwem emaila na help@cerascreen.com.

1. The first step in the process of identifying a problem is to define the problem clearly and concisely.

2. The second step is to gather information about the problem and its causes.

This involves identifying the key stakeholders involved in the problem and understanding their perspectives and interests.

It also involves identifying the resources available to address the problem and the constraints that may limit the options.

3. The third step is to generate potential solutions to the problem.

This involves brainstorming ideas and evaluating them based on their feasibility and potential impact.

4. The fourth step is to select the best solution and implement it.

This involves developing a plan of action, assigning responsibilities, and monitoring progress. It also involves evaluating the results of the solution and making adjustments as needed.

5. The fifth step is to evaluate the effectiveness of the solution.

This involves comparing the results of the solution to the original problem and identifying any remaining issues or areas for improvement.

6. The sixth step is to communicate the results of the process.

This involves sharing the findings and lessons learned with the relevant stakeholders and documenting the process for future reference.

1. Introduction

1.1. Background

The purpose of this study is to investigate the effects of the proposed system on the performance of the participants. The study was conducted in a controlled environment and the results are presented in the following sections.

2. Methodology

2.1. Participants

A total of 20 participants were recruited for the study. They were all students of the university and had no prior experience with the system.

3. Results

3.1. Performance

The results show that the proposed system significantly improved the performance of the participants compared to the control group.

3.2. User Satisfaction

3.3. Usability

The usability of the proposed system was evaluated using the System Usability Scale (SUS). The results show that the system was rated as usable by the majority of the participants.

4. Conclusion

4.1. Summary

In conclusion, the proposed system is effective in improving the performance of the participants and is also usable. Further research is needed to investigate the long-term effects of the system.

