



What you'll need

- 8" x 8" or larger 14 count Aida cloth
- 6" embroidery hoop
- Tapestry needle or similar
- Scissors
- DMC 6 strand embroidery floss

Tips for Stitching

- Use two strands of thread.
- Don't knot your thread to anchor it, your stitches will do that for you.
- Use pins to place your pattern and to keep track of the pattern as you jump to different sections.
- Always make your stitches in the same direction, either left over right or right over left.
- For rows with multiple stitches of the same color, make a row of half stitches \ \ \ first, then go back and complete the Xs with / / / stitches.
- When you're finished, dampen the cloth and iron it before you display it.

Show Your Support

National Network of Abortion Funds
abortionfunds.org

Abortion Care Network
abortioncarenetwork.org

National Abortion Federation
prochoice.org

Sister Song
sistersong.net

New Mexico Religious Coalition for Reproductive Choice
nmrcrc.org

Missouri Abortion Fund
mofund.org

Texas Equal Access Fund (TEA Fund)
teafund.org

Indigenous Women Rising
iwrising.org

National Black Women's Reproductive Justice
blackrj.org








National Latina Institute for Reproductive Justice
latinainstitute.org

National Council of Jewish Women
ncjw.org

RAINN
rainn.org

Gender Justice
genderjustice.us

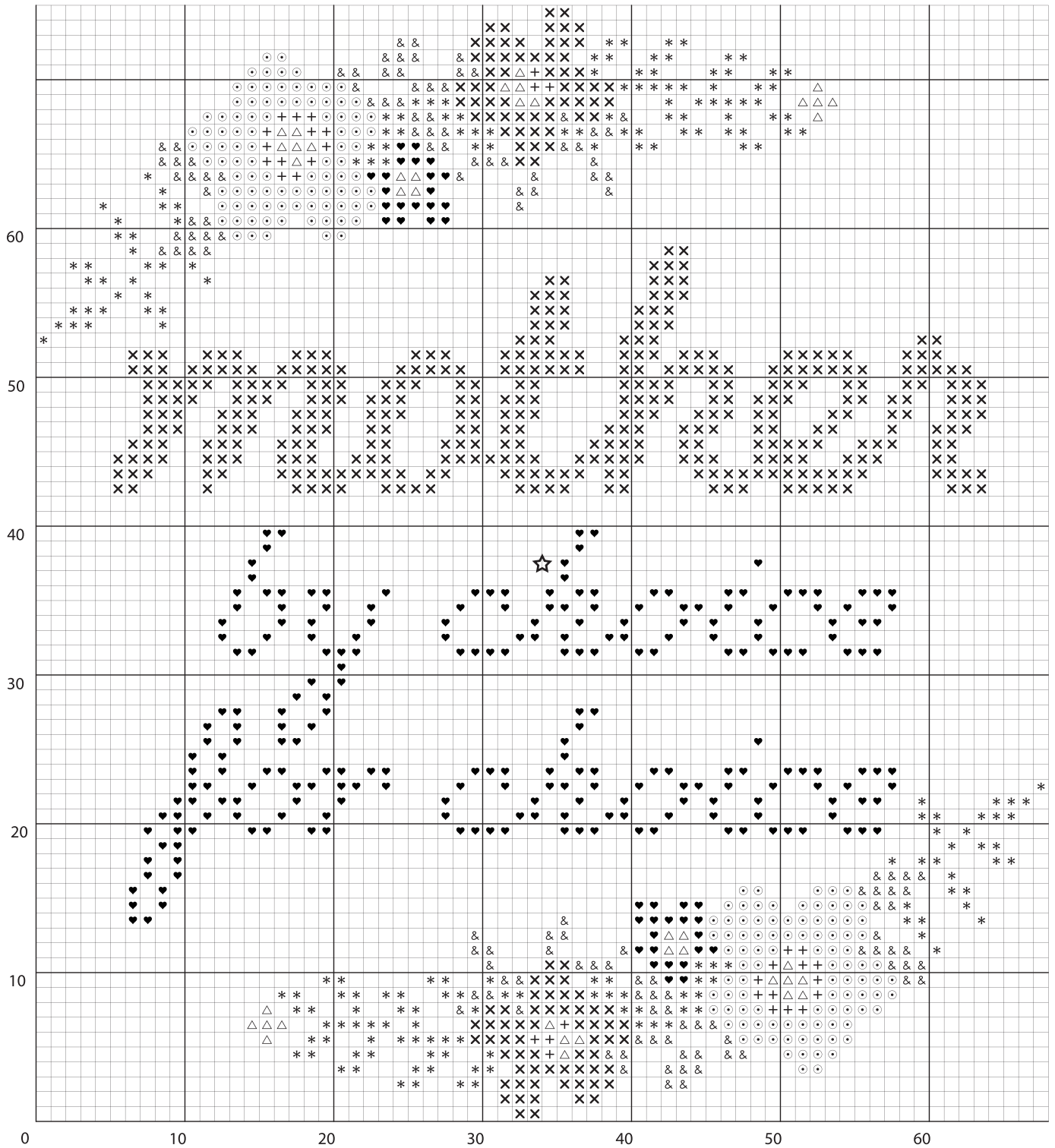


COLOR	DMC#	COLOR	DMC#
	718		937
	606		470
	725		3608
	745		

☆ = Center

Design size: 68 by 75 stitches

Or about 4.9" x 5.4" using 14 count Aida cloth



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X	718	&	937
♥	606	*	470
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