



BalancePro was jointly designed and developed by researchers at Sunnybrook Health Sciences Center, Toronto Rehabilitation Institute, University of Toronto and Wilfrid Laurier University, with support from the Canadian Institutes of Health Research and the U.S. National Institutes of Health.

Try BalancePro Today!

To purchase, visit our website:
www.balancepro.ca

or email us:
info@balancepro.ca

The BalancePro logo features a white silhouette of a foot with a white circle on the heel, followed by the word 'balancepro' in a white, lowercase, sans-serif font. Below it, the tagline 'enhance balance instantly' is written in a smaller, italicized, lowercase, sans-serif font.

balancepro
enhance balance instantly

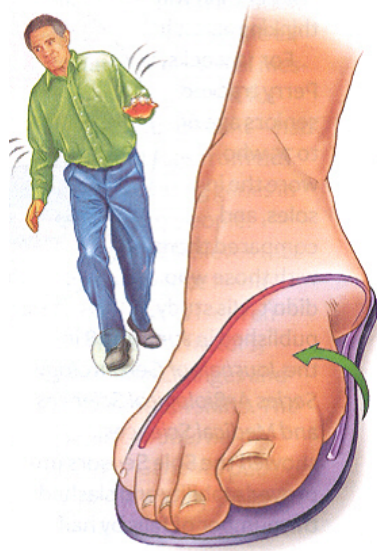
Did you know that one in three older adults fall at least once a year?

BalancePro insole has been clinically proven to enhance your balance and reduce falls by **44%**.



balancepro.ca

U.S. Patent No.: 6237256



Simple, but effective

BalancePro improves your balance by increasing the tactile (touch) feedback your feet give to your brain. With more feedback, you will be quicker to react to a loss in balance, and therefore reduce the risk of falls.

How does it work?

BalancePro insole has a ridge along its edge which gently presses against your foot. This ridge provides you with feedback when you are leaning too far to the side, or backwards. The increased feedback may be what it takes to prevent a potentially hip-fracturing fall.

Is BalancePro right for you?

The BalancePro insole is best suited for individuals who have insensitive feet. As they age, most seniors lose sensitivity in their feet. A good way to see whether your feet are insensitive is the mono-filament test. For more information, please contact us.

BalancePro is **not** recommended for persons with diabetes.

Academic research on BalancePro

"Efficacy and effectiveness of a balance-enhancing insole" – Journal of Gerontology: Medical Sciences

"Preventing falls in older adults: new interventions to promote more effective change-in-support balance reactions" – Journal of Electromyography and Kinesiology

"Plantar cutaneous sensory stimulation improves single-limb support time, and EMG activation patterns among individuals with Parkinson's disease" – Parkinsonism and Related Disorders

