

Before using your Millennial Medical product, please read the following instructions completely and carefully. Correct application is vital to the proper functioning of the device.

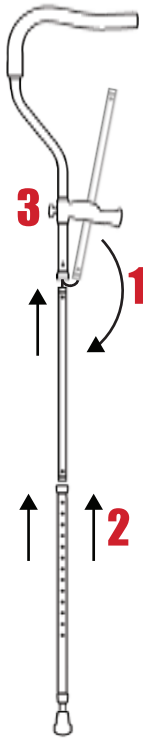
## In-Motion Pro Underarm

**1** Insert the middle tube into the upper section and secure in place with the push buttons. This connection allows the user to fold the crutch for storage and convenience.

**TO FOLD** press the push buttons and slide middle tube out of the upper section. The connecting nylon cord becomes the hinge.

**2** Insert the bottom tube onto the middle tube and secure in place with the push buttons. See below for sizing guide, when adjusting for height.

**3** Remove the bolt and hardware from behind the handle. Adjust the height of the handle by sliding the handle up or down along the crutch post. Re-insert bolt and hardware through the back of the handle assembly and tighten. Please refer to the bolt and hardware description below.



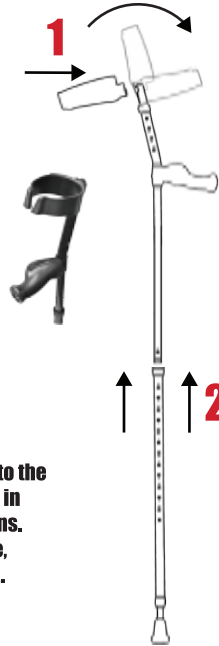
## In-Motion Forearm

**1** Place the cuff hinge against the "C" shaped groove of the cuff post. Ensure the opening of the "V" is facing downward. Apply pressure to push the hinge of the cuff into the "C" shaped groove of the cuff post.

Rotate the cuff to be the same direction as the handle. When in correct position the opening of the "V" is facing up.

**TO REMOVE CUFF** rotate the cuff to be opposite of the handle and apply pressure downward to pop the cuff hinge out of the cuff post.

**2** Insert the bottom tube onto the upper section and secure in place with the push buttons. See below for sizing guide, when adjusting for height.



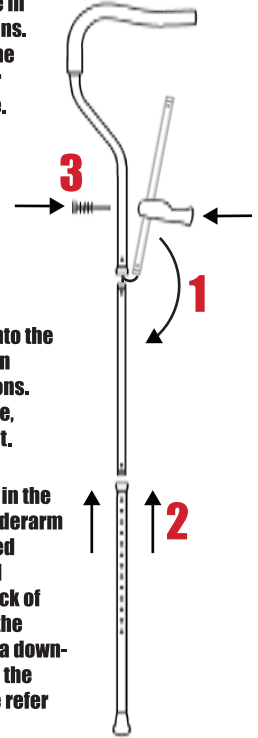
## Advantage Underarm

**1** Insert the middle tube into the upper section and secure in place with the push buttons. This connection allows the user to fold the crutch for storage and convenience.

**TO FOLD** press the push buttons and slide middle tube out of the upper section. The connecting nylon cord becomes the hinge.

**2** Insert the bottom tube onto the middle tube and secure in place with the push buttons. See below for sizing guide, when adjusting for height.

**3** Attach the crutch handle in the same direction as the underarm cradle. Using the enclosed hardware, insert bolt and hardware through the back of the crutch post and into the handle. Fasten handle in a downward angle by tightening the adjustment knob. Please refer to the bolt and hardware description below.



## Adjustment To Patient

Adjust underarm cradle so that it is snug to 1" below the underarm. The Crutch handle should be angled downward and facing the same direction as the underarm cradle.

While using the crutches, stand upright. Do not hunch or bend downwards. Keep shoulders level, bring chest forward.

Adjust the handle height to achieve a slight bend in the elbow. Ensure the handle is high enough to prevent full extension of the elbow. \* For the In-Motion Forearm crutch, the handle is fixed, adjustments are made to the bottom tube and the cuff post.

**NOTE:** There is no adjustment to the spring section of the bottom of the crutch. Do not attempt to disassemble the spring section.

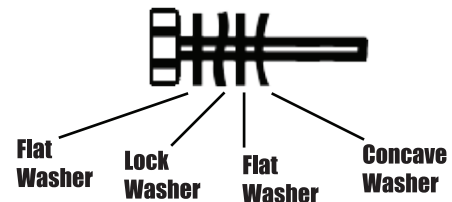
Cleaning Instructions: Wipe with damp cloth only.

**FOR SINGLE PATIENT USE ONLY**



## Bolt & Hardware

**IMPORTANT** Bolt and hardware must be correctly assembled for handle to be securely fastened to the crutch post. If you are missing any of these components contact Millennial Medical immediately. 1-877-753-5556



## Warranty & Warnings

### WARRANTY

Please contact Millennial Medical for any warranty concern, 1-877-753-5556. This product carries a one year limited warranty on all parts. Any defective part will be repaired or replaced at Millennial Medical's option. This warranty does not cover shipping costs incurred with replacement. The warranty extends to the original purchaser only. This warranty does not cover negligence, abuse or misuse. Millennial Medical shall not be liable for any consequential or incidental damages whatsoever.

### WARNINGS

Properly assemble crutch per instructions. Consult a medical professional for proper fitting and use. Follow all fitting instructions. Before each use, ensure all bolts and buttons and other fittings are tight and properly fitted. If any part of the crutch becomes loose or unstable, discontinue use immediately. Crutches are not intended for icy, wet or slippery surfaces, going up or down stairs, which may result in injury. Examine the crutch frequently and replace all worn parts. Contact Millennial Medical immediately for replacement parts. If any part of the crutch does not operate properly, discontinue use immediately.