

Assembly Instructions

Save These Instructions

To ensure your safety in using the Medline Rolling Walker, these instructions **MUST** be followed:

To assemble your Medline Rolling Walker, refer to the diagram on page 2 of this brochure and follow these step-by-step instructions prior to operating.

1. Remove the Medline Rolling Walker from the carton and examine all parts for shipping damage. **DO NOT** use the rolling walker if there is apparent damage or if the following parts are missing: **2 triangular hand screws, 4 round hand screws, 2 front wheels, 2 rear wheels, 1 backrest, and 2 handlebars.** If there are missing or damaged parts call Medline customer care, toll free, 1-800-MEDLINE.

2. Lay the rolling walker down so the seat is facing the floor. Cut the plastic ties from the rear wheels and unfold the legs. Straighten the walker legs until the walker unfolds.

3. Flip the rolling walker over so that the seat faces up. Insert front wheel(G) into frame, orientating with the guide pin(K) and be sure the push buttons(J) engage. Be sure to fully push the wheel until both spring pins lock into place. Secure in place using the round hand screw(N). **HAND TIGHTEN ONLY.** Repeat for other front wheel and rear wheels.

4. Unfold the Medline Rolling Walker by pushing down on the support rod(F) to spread apart the frame until the folding brackets are in full extension. Push the seat down into place.

5. Insert the handlebars so that the handgrips are aligned with the rear wheels. The brake cables should be on the outside of the handlebars and frame.

6. Adjust the handlebars(B) for proper fit: stand upright behind the rolling walker with shoulders relaxed, arms hanging at your side, and eyes looking straight ahead. Standing in this position, the handgrips(A) of the rolling walker should be adjusted to a height even with the wrists. Secure the handlebars at the closest hold to the desired height. Insert and tighten the triangular hand screws until secure. **Hand tighten only.**

7. Insert the backrest(C) so that the padded portion faces the front of the unit. Push down on the buttons on the side of the backrest until the spring pins lock into place.



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| A. Handgrips | H. 8" Rear Wheels |
| B. Adjustable Handlebar | I. Folding Bracket |
| C. Padded Backrest | J. Push Button |
| D. Brake Cables | K. Guide Pin |
| E. Padded Seat | L. Triangular Hand Screw |
| F. Support Rod | M. Brake Lock |
| G. 8" Front Wheels | N. Round Hand Screw |



Figure 1



Figure 2

Safety Instructions

READ THESE IMPORTANT SAFETY INSTRUCTIONS PRIOR TO OPERATING YOUR MEDLINE ROLLING WALKER:

- Consult your doctor, therapist or other qualified professional to determine if the Medline Rolling Walker will suit your particular needs.
- IMPORTANT-** Before using, make sure that all parts are secure and the rolling walker frame is fully opened and in the locked position.
- To Use the Medline Rolling Walker: For proper positioning and use of your Medline Rolling Walker, imagine a line drawn across the back of the rear wheels. Part of the one foot should be slightly ahead of that line as you walk.
- To operate the brakes:
 - To slow down, squeeze the brake handles up
 - To lock the brakes, push down on the brake handles until you feel or hear the brakes click into locked position. If the rear wheels of the rolling walker move while the brakes are in locked position, **DO NOT** use the rolling walker. Please call our toll-free number listed on page 4 for return or repairs.
 - To release the brakes from locked position; simply pull up on the brake handles.
- To use as a seat: push your Medline Rolling Walker into position where you want to sit, then lock the brakes before sitting.

IMPORTANT

Before using the seat portion of your rolling walker, **ALWAYS** lock the brakes **FIRST**. **DO NOT** navigate the rolling walker while sitting on the seat. The brakes should always be locked when the seat is being used. Risk of fall and serious injury may result if brakes are not locked while the user is sitting on the seat.

- DO NOT** use the seat without the backrest. Falls are possible if the user leans or slides backward on the seat.

Safety Instructions (continued)

- NEVER** attempt to sit on the seat when the rolling walker is on an incline. Serious risk of falls and injury may result.
- Your Medline Rolling Walker is for individual use only and is **NOT** to be used as a wheelchair. **DO NOT** attempt to push the rolling walker while someone is sitting in the seat. Damage to the rolling walker frame or wheels, and serious injury to the user, could result from improper use.
- CAUTION** - **DO NOT** exceed the following weight limits, or serious injury could result: handles: 200 lbs; seat 250 lbs.
- The seat is not intended to transport people or objects. **DO NOT** use the seat to carry or move anything.

6. To collapse for storage or transport: pull up on the tie-bar until the frame is fully collapsed.

Your Medline Rolling Walker should be checked periodically to ensure the brakes are functioning properly and that all nuts and bolts are secure.

Keep your original purchase receipt in a safe place.

Important Information

Limited Warranty

Your Medline Rolling Walker is warranted to be free from defects in materials and workmanship under normal use and service for 3 years on the frame and 6 months on all other parts. See enclosed Limited Warranty for complete warranty terms and conditions.

Contact us at 1-800-MEDLINE, Monday-Friday 8 am – 5 pm CST, if you encounter any problems or for information regarding repairs or maintenance.

Walking Tips

- Before walking, allow plenty of time to perform a few simple stretching movements. As a result, you will be able to walk further and avoid injury.
- Choose proper footwear. Wear walking shoes that are stable from side-to-side and well cushioned, snug in the heel, yet allow enough room to wiggle your toes freely.
- Wear comfortable clothing. When walking near a road, it's wise to wear bright clothing that will be easily seen by passing motorists.
- Bring a supply of water with you. It is important to stay hydrated not only on hot days, but at any time in dry climates.
- Avoid walking in very hot or very cold weather. On those days, choose to walk at your local mall or indoor track.
- Walk on soft ground. Softer ground is more foot-friendly than cement or asphalt. If possible, walk on grass or dirt paths that are flat, even and well manicured.
- Exercise smart: know your limits. Consult your physician before beginning a fitness program, especially if you are substantially overweight, physically inactive and become easily fatigued, and/or have a history of heart disease, poor circulation or diabetes.



The Rollator



"The walker with wheels and brakes"

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