

Vibrating Reminder Watch

Charging

- . Remove the center watch piece from its strap.
- . Using the included USB cable, connect the watch to your power source. A full charge takes about 2 hours and a full charge can last 6-12 days depending on usage. *Do not charge overnight.
- . To test the vibration, press the right or left button while the watch is charging.
- . When the battery is lower than 10%, the watch will reset to the factory mode. This reset may happen up to 2 days after it is at 10%. To prevent the watch from resetting and losing all the saved alarms, it is recommended to keep the watch charged regularly.
- . The watch is not waterproof. Do not immerse in water and take it off while showering or swimming.

Basic Actions

- . **Check the time:** Press the **right** button once. The **right** button is located further away from the metal strap and the **left** button is closer to the metal strap.
- . **Check the date:** Press the **right** button twice for the numerically displayed date.
- . **Check the battery percentage:** Press the **right** button 3 times.
- . **Quiet mode:** press the **right** button 4 times. This turns off all alarms at once. AOFF means all alarms are off and will not vibrate. AON means all the set alarms are on.
- . Short Press = 1 second
- . Long Press = Press and hold button for 3 seconds
- . **To set any function, press the pertinent button within 4 seconds.**

How to Set the Time

1. When the display is blank, press the **right** button once for time display.
2. Long press the **right** button until only hours show. Short press the left button to change the hours forward and the right button to change the hours backwards.
3. Quickly long press the right button again until only minutes show. Short press the left button to change the minutes forward and the right button to change the minutes backwards.
4. Quickly long press the **right** button again until 12:-- or 24:-- show. Press any button to toggle between the 12/24 hr setting.

How to Set Months/Dates

1. When the display is blank, press the **right** button twice to see the date.
2. Immediately long press the **right** button until only the month shows. Short press the left button to change the months forward and the right button to change the months backwards.

3. Long press the **right** button again until only the sequential day shows. Short press the left button to change the days forward and the right button to change the days backwards.
4. Long press the **right** button again until only the year displays. Short press the left button to change the years forward and the right button to change the years backwards.

How to Set up to 12 Alarms

1. Press the **left** button once and ALM will show. (Alarm)
2. Press the **left** button twice and 8:00 will show. (Alarm 1 time)
3. Press the **left** button three times and A1OF will show (Silent mode is OFF)
4. Press the **left** button over and over to go through all the 12 alarms (the sequence is ALM, Alarm 1 time, A1OF, Alarm 2 time, A2OF, Alarms 3 time, A3OF, ..., Alarms 12 time, 12OF)
5. **To set the alarm time:**
 - Short press the **left** button once and ALM (Alarm) will show
 - Short press the **left** button and the alarm time will show
 - Long press the **left** button and the hours will blink. Short press the **left** button to change the hours forward and the right button to change the hours backwards.
 - Long press the **left** button until the minutes flash. Short press the **left** button to change the minutes forward and the right button to change the minutes backwards.
6. **To turn on/off the alarm:** when the display is blank, press the **left** button continuously to see if the alarms (A1 for Alarm 1, A2 for Alarm 2, etc) are on or off. Long press the left button to change A1ON / A1OF (ON = ON and OF = OFF). A vibration will indicate a change has been made. Repeat steps above to change the times and status of the next alarms
7. **Tips:** The vibration can be stopped manually by pressing any button when the alarm is triggered. Alarm 1 is longer than the other alarms. Alarm 1 vibrates for 50 seconds, while the other alarms vibrate for 20 seconds. Also, the alarms will be automatically repeated every day until it is turned off.

Silent Mode (AON/AOFF)

Turn on all the alarms that have been set by pressing the **right** button 4 times to see AON. AON means all the alarms that are **turned on and set**, are updated to vibrate. Long press the **right** button to see AOFF. AOFF means all 12 alarms have been turned off and will not vibrate, even if the individual alarm shows on.