# Pure, Plant-Based Nutrition It Tastes as Good as You'll Feel





Bursting with potent vitamins, minerals, chlorophyll and phytonutrients, Superfood also has a very special added ingredient: Soursop, an ancient, powerful superfruit that contains antioxidants!

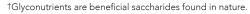
Superfood is a concentrated greens and reds powder containing fruits and vegetables that goes far beyond basic green powders. A delicious strawberry-kiwi flavour that's perfect for those who are trying to increase their daily servings of fruits and vegetables.

# Superfood Greens and Reds drink mix has many benefits:

- Ketogenic and vegan friendly.
- Free from preservatives, artificial colors, artificial flavors or artificial sweeteners.
- Non-irradiated.
- Made with organic strawberry, raspberry, blueberry, tart cherry, elderberry, and cranberry.
- Contains Betaine, sourced from beet root, which is a powerful amino acid.
- Contains 4g of fibre per serving.
- Contains Mannatech's proprietary Glyconutrient<sup>†</sup> blend.

## **DID YOU KNOW**

Only half of adults meet the recommended dietary guidelines for their daily servings of fruit and just one third get enough vegetables.<sup>1</sup>



<sup>1</sup>SOURCE: https://www.csiro.au/~/media/News-releases/2017/Diets-lackingfruit-veg/Text-version-Fruit-Vegetables-and-Diet-Score-April-2017.txt



# Superfood Greens and Reds

Nutrition Information		
Servings per container: 30 Serving size: 1 scoop (6.4 g) + 250 mL of water		
Average Quantity	per serving	per 100 mL
Energy	99 kJ	39 kJ
Protein	2 g	1 g
-gluten	0 g	0 g
Fat, total	0 g	0 g
-saturated fat	0 g	0 g
Carbohydrates, total	4 g	1 g
-fibre	4 g	1 g
-sugars	0 g	0 g
Sodium	25 mg	10 mg
Potassium	47 mg	18 mg
Vitamin C (ascorbic acid)	30 mg (67% RDI†	) 12 mg
Betaine (derived from the molasses of sugar beets)	2 g	780 mg
Vegetables (spinach, carrot, broccoli, kale)	1.26 g	491 mg
Fruits (soursop, prune, pomegranate, 576 mg 225 mg strawberry, raspberry, blueberry, tart cherry, elderberry, cranberry, acerola cherry)		
Prebiotic fibres (isomalto-oligosaccharides, 833 mg 325 mg acacia gum)		
† Recommended Dietary Intake		

**Directions For Use:** Add 1 scoop (6.4 g to 250 mL of water and mix well.

**Ingredients:** Betaine (derived from the molasses of sugar beets) 32.5%, Natural Strawberry-Kiwi Flavour, Isomalto-oligosaccharides 9%, Soursop (graviola) 7.8%, Spinach 7.8%, Carrot 7.6%, Acidity regulator (Citric acid), Thickener (Acacia gum) 4%<sup>†</sup>, Broccoli 3.9%, Alfalfa juice concentrate 3.9%, Acidity regulator (Malic acid), Spirulina 1.6%, Natural Masking Flavour, Sweetener (Steviol glycosides), Ascorbic acid (Vitamin C), Kale 0.4%, Prune 0.3%, Pomegranate 0.2%, Organic Strawberry 0.2%, Organic Raspberry 0.2%, Organic Blueberry 0.2%, Organic Tart cherry 0.1%, Organic Elderberry 0.03%, Thickener (Arabinogalactan) 0.03%<sup>\*†</sup>, Organic Cranberry 0.02%, Thickener (Tragacanth gum) 0.01%<sup>†</sup>, Aloe vera gel extract powder 0.003%<sup>\*\*†</sup>, Acerola cherry.

\*AmbroGuard® Arabinogalactan

\*\* Manapol® Aloe vera extract powder

<sup>†</sup> Glyconutrient

Do not use if bag is torn or open. Store in a cool, dry place. Product Number/Produknommer: 24002 mannatech.com

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#### **COMPLEMENTARY PRODUCTS:** These great Mannatech products pair well with Superfood:

### Ambrotose LIFE<sup>™</sup>—



Ambrotose<sup>®</sup> powders are formulated with a specialized blend of special plant saccharides called Glyconutrients to support your immune system. With an added bonus of digestive system support, these powders help keep your health at its best.



#### Catalyst<sup>™</sup>—

Catalyst caplets provide vitamins A, E, the B complex vitamins (thiamin, riboflavin, niacin, pantothenic acid, B6, folate and B12); as well as magnesium, selenium, zinc and chromium.



#### TruPLENISH<sup>™</sup>—

Packed with 20 grams of plant-based protein that help keep you satisfied, our fibre-rich TruPLENISH Shake also comes with vitamins, minerals, probiotics, enzymes and Glyconutrients.

### CONTACT ME FOR SUPERFOOD!

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