

1. What is Superfood Greens and Reds?

Mannatech's Superfood Greens and Reds is a great tasting drink mix, specifically formulated to help increase nutrition by providing powders of 16 important fruits and vegetables. Unlike other green drinks, Superfood contains soursop, betaine and our proprietary Glyconutrient[†], for a unique blend that actually tastes as good as you'll feel.

2. What are some of the important features of Superfood?

We are proud to say that Superfood is:

- Gluten free
- Keto friendly
- Vegan
- Free from soy, dairy, MSG, preservatives
- Non-irradiated
- Free of genetically modified DNA
- Free of artificial colors, flavors or sweeteners
- Made with some organic ingredients
- Free of high fructose corn syrup
- A good source of antioxidants

And of course, it contains Mannatech's proprietary Glyconutrient blend!

3. What makes Superfood so unique?

Superfood contains some unique ingredients your average greens powders do not. Soursop, which is a powerful tropical superfruit containing antioxidants. Betaine, which is sourced from beet root, is well known as which is a robust amino acid. And finally, our proprietary Glyconutrient blend featuring AmbroGuard®.

4. What are you referring to by the "Greens and Reds"?

The "Greens and Reds" in the product name, refers to the broad color spectrum of fruits and vegetables (16 to be exact) in the formula.

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|-------------|----------------|--------------------|
| 1. Soursop | 7. Kale | 12. Blueberry |
| 2. Spinach | 8. Prune | 13. Tart Cherry |
| 3. Carrots | 9. Pomegranate | 14. Acerola Cherry |
| 4. Broccoli | 10. Strawberry | 15. Elderberry |
| 5. Alfalfa | 11. Raspberry | 16. Cranberry |
| 6. Aloe | | |

5. Why was betaine specifically chosen as an ingredient?

The betaine in the Superfood formula is sourced from beet root. Betaine was chosen as an ingredient because it is a powerful amino acid.

6. What is soursop?

Soursop (also known as graviola) is the fruit of *Annona muricata*, a broadleaf, flowering, evergreen tree. Native to the tropical regions of the Americas and the Caribbean. Soursop is known as an ancient, powerful superfruit that contains antioxidants and fibre.

7. Does Superfood compliment a particular lifestyle?

No commitment required! It's perfect for anyone wanting to increase their daily amount of fruits and vegetables, but it is also keto-friendly and vegan-friendly.

8. What is the best time of the day to drink Superfood?

You can drink Superfood any time you want to add some fruits and vegetables to your diet!

9. How is Superfood different from NutriVerus™?

NutriVerus is the classic Mannatech supplement heavily focused on Glyconutrients with great nutritional benefits. It is a powder that can be taken by itself or added to food.

Superfood is your go-to, convenient, great-tasting drink mix that is a healthy way to add more fruits and vegetables to your daily diet.

10. What is a “Greens” product?

The term “Greens” refers to blends of veggies, fruits, algae and/or grasses that have been dried and ground into powdered form.

11. Is Superfood suitable for children?

As with other Mannatech products, we recommend consumption of Superfood by children be approved by a health care provider. If you have questions for use beyond the directions indicated on the label, you should always speak to a qualified healthcare professional.