

Adding Omega-3 to your diet can contribute to a **balance of immune functions** that help keep you healthy. With the addition of vitamin D, it's the perfect complement for **optimized bone, brain and heart health.**\*

While eating certain fish can provide omega-3 fatty acids, the truth is, not many of us consume the correct number of servings to benefit from them. Since it's difficult to get the omega-3s and vitamin D you need, we made a supplement that provides both.

Break barriers with our Omega-3 with Vitamin  $D_3$  supplement today!

#### **Benefits:**

- Helps support cardiovascular and heart health.\*
- Helps support brain health and function.\*
- Supports calcium absorption.\*
- Has a subtle lemon flavor added to help you avoid those fishy burps.
- Two capsules provide 830 IU of vitamin  $D_3$ , an excellent source of Vitamin D.







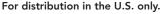
## **FUN FACT**

**Omega-3** fatty acids are essential because the body can't produce them! The only way to get them is from diet or supplements.

See reverse side for Supplement Facts and additional information

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100% Satisfaction Guarantee! If you try our products and are not completely satisfied for any reason, you can return them within 180 days of purchase for either an exchange of like products or a 100% refund.



© 2019 Mannatech, Incorporated. All rights reserved. Mannatech and Stylized M Design are trademarks of Mannatech, Incorporated. 21543.0119



### Omega-3 with Vitamin D<sub>3</sub>

# Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Polyunsaturated Fat	1.5 g	†
Cholesterol	3 mg	1%*
Vitamin D <sub>3</sub> (as cholecalciferol)	20.75 mcg	103%
Omega-3 Fatty Acids	1110 mg (1.11 g)	†
EPA (Eicosapentaenoic Acid)	660 mg	<u> </u>
DHA (Docosahexaenoic Acid	) 450 mg	
*Percent Daily Values are based on a 2,000 calorie diet.		

Other Ingredients: Purified fish oil concentrate, Kosher gelatin, glycerin, water, natural lemon flavor, mixed tocopherols (antioxidant to preserve freshness)

**CONTAINS: FISH (ANCHOVIES, SARDINES)** 

**GLUTEN FREE** 

US.16601.30.010

†Daily Value not established.

Please read the product labels for detailed information.



### **Keep This Product Cool**

During periods of hot weather and/or while shipping to areas experiencing hot weather, the Omega-3 capsules may soften and stick together. While product efficacy is unaffected, consuming capsules that stick together, or which have melted together, may be unpleasant. For this reason, we suggest storing our Omega-3 product in a cool place and ordering enough of our Omega-3 product during cooler months so as to avoid possible heat-related shipping problems during hot weather.

### **Complementary Products**

The following Mannatech supplements combine well with Omega-3 with Vitamin D<sub>3</sub>:



For brain health:
Ambrotose LIFE® citrus-flavored slimsticks or unflavored canister



For heart health: CardioBALANCE®

IF YOU WANT TO HELP YOUR HEART AND BONES STAY HEALTHY, CONTACT ME TODAY:

