



Maximize Your Multivitamin



Don't settle for any multivitamin. You want Essentials Catalyst™ Multi with Glyconutrients. Essentials Catalyst™ Multi tablets combine natural, plant-based nutrients with the best of scientifically-sourced ingredients. We've reformulated it to be better than ever, with **29 vitamins, minerals and nutrients** with maximum nutritional benefits and easy physical absorption. Infused with glycans, it can do more for your health than the multivitamin you may be taking now. Essentials Catalyst™ Multi provides **high levels of essential nutrients** your body needs, and also now includes the adaptogen, ashwagandha, to support the feelings of wellbeing and energy production.*

Essentials Catalyst™ Multi comes with a long list of benefits:

- Reduces free radicals formed in the body
- Supports body metabolism/metabolic rate
- Supports energy production
- Supports eye health
- Supports healthy growth and development
- Supports general health and wellbeing
- Supports healthy body tissues
- Maintains bone strength
- Maintains gastrointestinal system health
- Supports healthy immune system function
- Maintains nervous system health

**Get more from your multivitamin than ever before.
Order Essentials Catalyst™ Multi tablets today!**

Taking Essentials Catalyst™ Multi as directed provides more than the recommended daily intake for vitamin A, vitamin C, vitamin E, thiamine, riboflavin, niacin, vitamin B6, Folate, vitamin B12, biotin, pantothenic acid, magnesium, zinc, manganese and chromium.



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* These statements have not been evaluated by the Therapeutic Goods Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Essentials Catalyst™ Multi

Supplement Facts

Serving Size: 2 tablets
Serving Per Container: 60

	Amount Per Serving
Dunaliella salina cell standardised extract from min. fresh cell 1 2.5 mg	6.67mg
Thiamine nitrate	1.5 mg
Vitamin B1 (as thiamine)	1.18 mg
Vitamin B2 (as riboflavin)	1.7 mg
Nicotinamide	5 mg
Calcium pantothenate	10.9 mg
Vitamin B6 (as pantothenic acid)	9.9 mg
Pyridoxine hydrochloride	2 mg
Vitamin B6 (as pyridoxine)	9.9 mg
Biotin	75 mg
Inositol	12.5 mg
Folic acid	125 mg
Vitamin B12 (as cyanocobalamin)	6 mg
Vitamin C (as ascorbic acid)	100 mg
Vitamin D3 (as colecalciferol)	5 mg
Mixed (low-alpha type) tocopherols conc	4.2 mg
Calcium (derived from calcium carbonate)	100 mg
Calcium (derived from calcium citrate hydrate)	5 mg
Magnesium (derived from heavy magnesium oxide)	143 mg
Magnesium (derived from magnesium aspartate dihydrate)	168 mg
Magnesium (derived from Magnesium citrate)	404 mg
Manganese (derived from manganese amino acids chelate)	500 mg
Zinc (derived from zinc citrate dihydrate)	3.75 mg
Copper	168 mg
Iodine (derived from potassium iodide)	25 mg
Chromium (derived from chromic chloride hexahydrate)	22 mg
Selenium (derived from selenomethionine)	5 mg
Choline bitartrate	30.39 mg
Alpha-lipoic acid	3.75 mg
Withania somnifera root dry extract from dry root 156 mg	15.6 mg
Malpighia glabra fruit extract from dry fruit 10 mg	2.5 mg
Aloe vera dry inner leaf juice from fresh inner leaf juice 500 mg	2.5 mg
Tragacanth	2.5 mg
Ghatti gum	5 mg

Directions for use, warnings and storage: Adults take two tablets twice a day. Use as directed.

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. Do not take while on warfarin therapy without medical advice. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms of selenium from dietary supplements should not be exceeded. If pregnant or likely to become pregnant, consult a doctor or pharmacist before use.

Contains sulphites, soya bean products and phenylalanine. Store below 25 C. Do not use if seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed.

Product Number 56202AUNZSG.56202.22.001.

COMPLEMENTARY PRODUCTS: These great Mannatech products pair well with Essentials Catalyst™ Multi:



Ambrotose LIFE® powder—

Ambrotose LIFE is the most important nutritional supplemented food for your health. We believe it does more for your health than any other combination of products ever developed. It can support your immune system, improve cognitive functions and support gastrointestinal health.



GI-ProBalance®—

Formulated to nourish your gut with 6 strains of probiotics and rich prebiotic fibres. This yogurt powder tastes delicious and it is easy to take!



Manapol® Powder —

Manapol supports healthy cell-to-cell communication through a blend of specific plant saccharides including Glyconutrients.*

CONTACT ME TO GET THE BEST MULTIVITAMIN AROUND:



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