

- Award-Winning & All-Natural jam
- 88% less calories compared standard jams
- Non-GMO verified

- Only 5-10 calories per serving
- Compatible with Keto, Low-carb, Vegan and Diabetic Diets



















Than Standard Jams

Elevate your everyday with a touch of health-conscious luxury, and transform your breakfast or snacking rituals into extraordinary experiences with our no added sugar jams made in the Netherlands. Skip the sugar and enjoy the fruit.

















#### STRAWBERRY JAM

Strawberry (58%), water, sweetener (erythritol, steviol glycosides), gelling agent (pectins), citric acid, concentrate (carrot, blackcurrant), preservatives (organic rowanberry extract), antioxidant (ascorbic acid).

Nutrition	Facts
17 servings per containe	er
Serving size	1 tbsp (20g)
Amount Per Serving	
Calories	5
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Suga	rs
Sugar Alcohol 3g	
Protein 0g	0%
Not a significant source of vitamin D. calc	ium, iron, and





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#### **CONCORD GRAPE JELLY**

Concord grape juice concentrate (50%), water, sweetener (erythritol, stevia extract), gelling agent (pectins), acid (citric acid), Concord Grape Aroma (natural flavor), preservative (organic rowanberry extract).

	r
Serving size	1 tbsp (20g)
Amount Per Serving Calories	5
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Suga	rs
Sugar Alcohol 3g	
	0%







#### **BLUEBERRY JAM**

Blueberry (57%), water, sweetener (erythritol, steviol glycosides), gelling agent (pectins), acid (citric acid), preservatives (organic rowanberry extract), acidity regulator (calcium citrates).

Nutrition 17 servings per contai	
Serving size	1 tbsp (20g)
Amount Per Serving Calories	5
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes On Added Cu	





# RASPBERRY JAM

Raspberry (50%), water, sweetener (erythritol, steviol glycosides), gelling agent (pectins), preservatives (potassium sorbate).



#### **APRICOT JAM**

Apricot (56%), water, sweetener (erythritol, steviol glycosides), gelling agent (pectins), citric acid, preservatives (organic rowanberry extract).

## **Nutrition Facts** Calories

Sugar Alcohol 4g
Protein 0g 0
Not a significant source of vitamin D, calcium, iron, and potassium
•The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.







Serving size	1 tbsp (20g
Amount Per Serving	
Calories	
	% Daily Value
Total Fat 0g	04
Saturated Fat 0g	04
Trans Fat 0g	
Cholesterol 0mg	04
Sodium 0mg	04
Total Carbohydrate 4g	24
Dietary Fiber 0g	04
Total Sugars 1g	
Includes 0g Added Suga	ars





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#### **CHERRY JAM**

Cherry (60%), water, sweeteners (erythritol, stevia extract), pectin, organic rowanberry extract (Sorbus aucuparia L.) extract, lemon powder, citric acid, calcium citrates.

Nutrition	<b>Facts</b>
17 servings per contai	ner
Serving size	1 tbsp (20g)
Amount Per Serving	
Calories	5
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Su	igars
Sugar Alcohol 3g	
Protein 0g	0%
Not a significant source of vitamin D, potassium	calcium, iron, and
*The % Daily Value (DV) tells you how serving of food contributes to a daily day is used for general nutrition advi-	diet. 2,000 calories a





#### FOREST FRUIT JAM

Fruits (26% raspberry, 13% blueberry, 12% blackberry), water, sweetener (erythritol, stevia extract), gelling agent (pectins), preservative (organic rowanberry extract).

Amount Per Serving Calories	
Calciles	5
	% Daily Value
Total Fat 0g	09
Saturated Fat 0g	09
Trans Fat 0g	
Cholesterol 0mg	09
Sodium 0mg	09
Total Carbohydrate 5g	25
Dietary Fiber 0g	09
Total Sugars 1g	
Includes 0g Added Su	igars
Sugar Alcohol 4g	
Protein 0g	09
Not a significant source of vitamin D, potassium	calcium, iron, and





#### FIG JAM

Fruits (fig (65%), orange (5%)), water, sweeteners (erythritol, stevia extract), pectin, organic rowanberry extract (Sorbus aucuparia L.) extract, lemon powder, concentrate (carrot, blueberry), citric acid.

Serving size  Amount Per Serving	1 tbsp (20g
Calories	10
	% Daily Value
Total Fat 0g	09
Saturated Fat 0g	09
Trans Fat 0g	
Cholesterol 0mg	09
Sodium 0mg	09
Total Carbohydrate 5g	29
Dietary Fiber 0g	09
Total Sugars 2g	
Includes 0g Added	Sugars
Sugar Alcohol 2g	
Protein 0g	09
Not a significant source of vitamir potassium	D, calcium, iron, and





#### BLACKCURRANT JAM

Blackcurrant (50%), water, sweetener (erythritol, stevia extract), gelling agent (pectins), preservative (organic rowanberry extract).

17	-1
17 servings per conta	
Serving size	1 tbsp (20g
Amount Per Serving	
Calories	5
	% Daily Value
Total Fat 0g	09
Saturated Fat 0g	09
Trans Fat 0g	
Cholesterol 0mg	09
Sodium 0mg	09
Total Carbohydrate 4g	25
Dietary Fiber 0g	09
Total Sugars 1g	
Includes 0g Added S	Bugars
Sugar Alcohol 3g	
Protein 0g	09
Not a significant source of vitamin E potassium	), calcium, iron, and





#### ORANGE MARMALADE

Orange (50%), water, sweeteners (erythritol, stevia extract), pectin, calcium citrates, organic rowanberry extract (Sorbus aucuparia L.) extract, lemon powder.

Serving size	1 tbsp (20g	
Amount Per Serving Calories	ļ	
	% Daily Valu	
Total Fat 0g	c	
Saturated Fat 0g	C	
Trans Fat 0g		
Cholesterol 0mg		
Sodium 0mg	C	
Total Carbohydrate 5g	2	
Dietary Fiber 0g	(	
Total Sugars 1g		
Includes 0g Added S	ugars	
Sugar Alcohol 4g		
Protein 0g	C	
Not a significant source of vitamin D potassium	, calcium, iron, and	
Not a significant source of vitamin D potassium  *The % Dairy Value (DV) tells you in serving of food contributes to a dail day is used for general nutrition ad-	ow much a nutrient in ly diet. 2,000 calories a	





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#### FOUR FRUITS JAM

Fruits (19% strawberries, 18% raspberries, 16% cherries, 8% red currants), water, sweeteners (erythritol, stevia extract), pectin, rowanberry (Sorbus aucuparia L.) extract, lemon powder.

#### **PEACH JAM**

Fruits (55% peaches, 5% passion fruits), water, sweeteners (erythritol, stevia extract), pectin, rowanberry (Sorbus aucuparia L.) extract, lemon powder.

#### BLACKBERRY JAM

Blackberries (60%), water, sweeteners (erythritol, stevia extract), pectin, rowanberry (Sorbus aucuparia L.) extract, lemon powder.

#### **Nutrition Facts** About 17 servings per container Serving size 1 tbsp (20g)

Amount per serving Calories	5
% Daily v	alue
Total fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Sugar Alchohol 3g	
Protein 0g	
Not a cignificant course of vitamin D	

8 10 12 1 7 10 30 2



#### **Nutrition Facts**

Serving size 1 tbsp (2	
Amount per serving Calories	5
% Daily v	
Total fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Sugar Alchohol 3g	
Protein 0g	
Not a significant source of vitamin D,	





#### **Nutrition Facts**

About 17 servings per contain Serving size 1 tbsp (2	
Amount per serving Calories	5
% Daily v	alue*
Total fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Sugar Alchohol 3g	_
Protein 0g	_
Not a significant source of vitamin D,	
calcium, iron and potassium	





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COMING SOON



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#### LEMON CURD

Water, sweeteners (erythritol, stevia extract), food starch modified, lemon (concentrate, oil), faba bean protein concentrate, pectin, concentrate (pumpkin, apple), sunflower oil, ascorbic acid, rowanberry (Sorbus aucuparia L.) extract, lemon powder, calcium citrates.

#### CHILI FIG JAM

Fruits (65% fig, 5% orange), water, sweeteners (erythritol, stevia extract), pectin, <1% chili, rowanberry (Sorbus aucuparia L.) extract, lemon powder, citric acid, carrot- and blueberry concentrate (for color).

**Nutrition Facts** 

#### APPLE BUTTER

Apple (60%), water, sweeteners (erythritol, stevia extract), pectin, rowanberry (Sorbus aucuparia L.) extract, lemon powder, cinnamon, calcium citrates, citric acid, clove.

#### **Nutrition Facts**

About 17 servings per container Serving size 1 tbsp (20g)		
Calories	<u>5</u>	
% Daily value*		
Total fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 0mg	0%	
Total Carbohydrate 5g	2%	
Dietary Fiber 0g	0%	
Total Sugars 1g		
Includes 0g Added Sugars	0%	
Sugar Alchohol 4g		
Protein 0q		
Not a significant source of vitamin D, calcium, iron and potassium		
"The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.		

	% Dail	y Value
Total fat 0g		09
Saturated Fat 0g		09
Trans fat 0g		
Cholesterol Omg		09
Sodium 30mg		09
Total Carbohydra	te 5a	29
Dietary Fiber 0g		09
Total Sugars <2g		
Includes 0g Added	Sugars	09
Sugar Alcohol 2g		09
Protein Oa		09
Not a significant s D, calcium, iron,		vitam otassiur

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#### **Nutrition Facts**

Hatiltion i a	563
About 29 servings per conta Serving size 1 tbsp	
Amount per serving Calories	5
	y value*
Total fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Sugar Alchohol 4g	
Protein 0g	
Not a significant source of vitamin	D,
calcium, iron and potassium	
"The % Daily Value (DV) tells you how much a in a serving of food contributes to a daily diet, calories a day is used for general nutrition adv	2.000



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