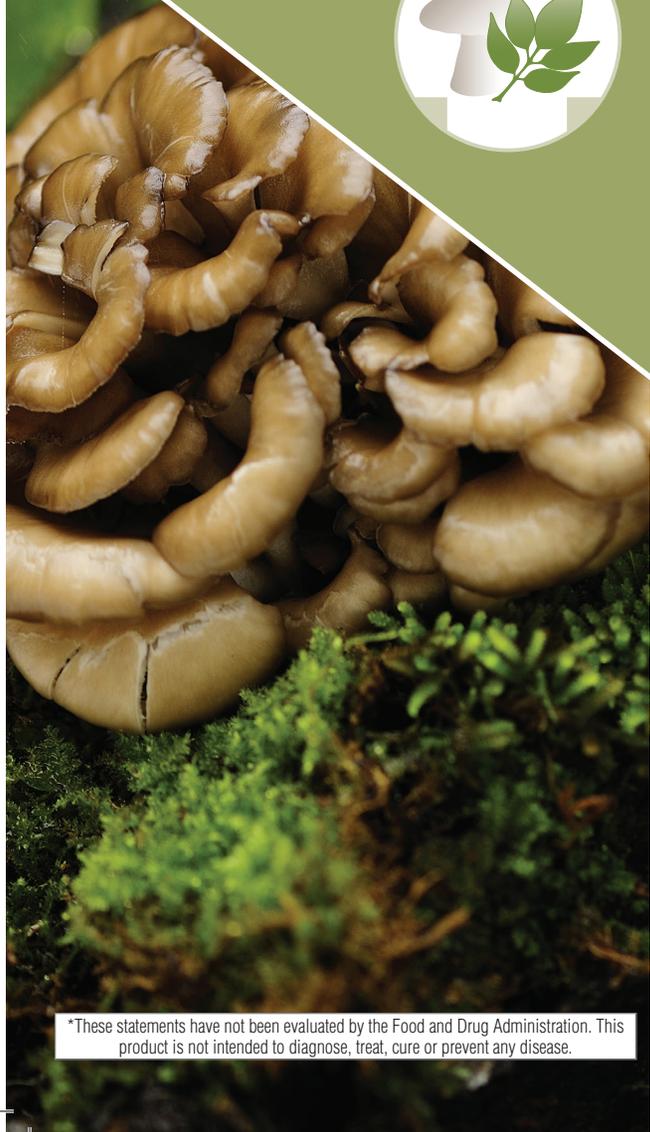


- Promotes Long-Term Immune Health*
- Supports Overall Immune Function*



Ten Mushroom® Formula



Ten Mushroom® Formula 120 Capsules Ingredients:

Ten Mushroom Proprietary Blend:

Reishi (*Ganoderma lucidum*)
 Poria (*Wolfporia extensia*)
 Cordyceps (*Cordyceps sinensis*)
 Coriolus (*Trametes versicolor*)
 Maitake (*Grifola frondosa*)
 Shiitake (*Lentinula edodes*)
 Tremella (*Tremella fuciformis*)
 Umbellatus (*Polyporus umbellatus*)
 Hericium (*Hericium erinaceus*)
 Wood Ear (*Auricularia auricular*)

Beta-1,3-glucan

Other Ingredients:

Vegetable capsule (natural vegetable cellulose, water), vegetable cellulose.

Ten Mushroom® Formula



ecoNugenics
 www.econugenics.com
 800.308.5518

Health Practitioners | 888.570.7632
 HP@econugenics.com
 Wholesale | 707.583.8622
 sales@econugenics.com

ecoNugenics

RESEARCH-BASED NUTRACEUTICALS - SINCE 1995

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ten Mushroom® Formula



What is Ten Mushroom® Formula?

Ten Mushroom® Formula is a comprehensive blend of ten organically grown mushrooms, including reishi, cordyceps, maitake and shiitake, and additional beta-1,3-glucans. The ingredients in **Ten Mushroom® Formula** work synergistically to deliver daily support for the immune system, while promoting total-body health throughout the seasons.*

- Promotes Long-Term Immune Health*
- Supports Overall Immune Function*



Daily Immune Support and Nourishment*

Complete Daily Support*

Ten Mushroom® Formula utilizes the full body mycelium of ten organically grown medicinal mushrooms, selected for their broad-spectrum health benefits and synergistic actions. This nourishing, everyday formula supports total-body wellness, with a specific focus on daily immune maintenance for long-term health and vitality.*

Scientifically Researched Medicinal Mushrooms*

The mushrooms in this formula are supported by extensive research and history of traditional use, demonstrating a diverse array of health benefits.*

Latin	Common Names	Benefits*
<i>Ganoderma lucidum</i>	Reishi; <i>Ling Zhi</i>	Cardiovascular; liver and respiratory support*
<i>Wolfiporia extensa</i>	Poria; <i>Fu Ling</i>	Liver support; spleen and lung meridians*
<i>Cordyceps sinensis</i>	Caterpillar Mushroom	Liver support; kidney and lung meridians*
<i>Tremella fuciformis</i>	Tremella	Supports healthy blood sugar; spleen and lung meridians*
<i>Polyporus umbellatus</i>	<i>Zhu Ling</i>	Liver support; kidney and spleen meridians*
<i>Trametes versicolor</i>	Turkey Tails; Coriolus	Source of PSP and PSK; spleen and liver meridians*
<i>Grifola frondosa</i>	Maitake	Supports healthy blood sugar and lipids*
<i>Lentinus edodes</i>	Shiitake	Supports healthy cells; supports healthy teeth*
<i>Auricularia auricula</i>	Wood Ear Fungus	Cardiovascular support*
<i>Heridium erinaceus</i>	Lion's Mane; Monkey's Head	Supports healthy digestion*

Additional Immune Support from Beta-1, 3-glucan*

Beta glucans are powerful immune-activating phytochemicals found naturally in fungi, oats and other sources. **Ten Mushroom® Formula** contains additional beta-1,3 glucans for enhanced immune support and total-body wellness.*

Manufacturing & Quality Control

This formula is prepared with the highest quality active ingredients, under conditions that meet or exceed Good Manufacturing Practices (GMP) as defined by the Food and Drug Administration (FDA).

Contraindications & Cautions

This product has no known adverse effects or contraindications.

How to Use:

Initial loading dose when starting: 3–4 capsules 3 times per day on an empty stomach. After two weeks, reduce to maintenance level: 1–4 capsules 3 times per day on an empty stomach, or as directed by your healthcare practitioner.

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