#### <u>tools</u>

- Meat Grinder with #22 (4.5mm) Plate
- Sausage Stuffer with Stuffing Horn (Only needed if making brats)
- Large Mixing Bowl
- Cutting Board
- Sharp Knife

## <u>INGREDIENTS</u>

- 25 lbs of Meat Trimmings (a classic brat is made from ground pork butt)
- 1 Bearded Butcher Hot Bratwurst Kit
  - 1 Pack of BB Hot Seasoning (9 oz)
  - 1 Pack of 32mm Collagen Casing
  - 1 Pack High Temp Blue Cheese
    (2.5lb)

### **INSTRUCTIONS**

- 1. In a large mixing bowl, mix meat (and pork fat if needed) with Bearded Butcher Hot seasoning.
- 2. Once combined, feed the seasoned meat through the meat grinder using the #22 (4.5mm) plate.
- 3. In a mixing bowl, combine the blue cheese with the ground meat.
- 4. If you wish to make brats, continue. Otherwise, mixture can be frozen as is or formed into patties.
- 5. Load the sausage stuffer with the mixture. As you do, try to avoid air pockets as they will result in air pockets in your finished bratwurst.
- 6. Transfer the casings onto the stuffing horn. Leave 2 inches of casing off the end of the horn so meat doesn't overflow when you start stuffing.
- 7. Slowly stuff the casings with the meat mixture. Stop stuffing a few inches before running out of casings so the meat doesn't overflow the casings at the end.
- 8. Cut bratwurst into 5" pieces which should result in 4 brats weighing a total of 1 lb.



# Hot Bratwurst

100 Brats () 60 minutes

Making your own Bearded Butcher Hot Bratwurst has never been easier! Follow these simple steps and, when paired with your favorite protein and a hot grill, you will have a delicious product that will be the talk of the next neighborhood barbeque...assuming that you'll share of course:)

## Notes

- If you don't have a sausage stuffer, mixture can be formed into patties or frozen in bulk.
- If you are using lean meat like venison, we recommend adding in about 10% of pork fat. Or 1 lb of pork fat for every 10 lb of venison.
- If needed, add cold water to the mixture to help in the stuffing process.
- Grill or heat brats to an internal temperature of 160 degrees Fahrenheit.