

Quick Start Guide

CPR Guardian is a watch/mobile phone equipped with a SOS Emergency Assist Button, GPS Tracker, Fall Detector, Temperature monitor and Heart Rate Monitor. With the CPR Monitoring App you can keep track of your loved ones location and heart rate status. You can call or voice message them at any time.

For optimal user experience Guardian will automatically update with the latest software.

Don't forget to download your advanced user guide: www.cprguardian.com/userguide



Press and hold the watch face to switch between digital or analogue clock faces.



Swipe Up/Down, Left or Right to navigate the watch function menus and Tap to access.

1. CPR Monitoring App

With your smartphone download the **CPR Monitoring APP** on the Google Play or APP store. (the icon will look like the image below)



Inside the Guardian box you will find the Watch SIM details (Fig. 1), that you will need during the registration.



2. Register

Once downloaded open the CPR Monitoring App and swipe through the intro screens.

At the Login page select 'New User' (1). You will need to enter your email and mobile number (not the watch SIM number) then enter'4 digit code' (2) create a password and select the registration button





3. Turn On Watch

Swipe up from the bottom of the watch screen to see the watch QR Code (Fig. 2) using your smartphone proceed to add watch to APP.

4. Add Watch to APP

Click on the 'Add Device' (5) button.

You will then see a screen with a sample QR code (6), click on it, this will allow you to scan the QR code on the watch.

5. Select Relationship

Enter your relationship with the Guardian user then press **'Next'**.

Enter the Guardian users details (Fig. 3), the SIM number of the watch, confirm and press '< ' (on the top left corner) Setup Complete.







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Customer Service: +44 (0) 800 652 7780 Email: support@cprguardian.com Website: www.cprguardian.com



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