

MYHIXEL

ACADEMY

HOW TO IMPROVE COMMUNICATION WITH YOUR PARTNER

Discover the importance of
intimacy and communication
in your relationship.

DESCRIPTION:

Why it is important to have good communication with your partner and how to achieve it are some of the topics you will learn in this course.

Good communication with your partner is **one of the main pillars of a successful relationship**. It requires breaking prejudices, having empathy, active listening and being open about your thoughts and feelings with your partner and vice versa... These are just some of the essential parameters to maintain **good communication**.

In this course, **we will teach you this and much more, including tips to establish stability when communicating as a couple, as well as advice to enhance your moments of intimacy**. Everything thought quality content with audiovisual resources that will enrich your learning experience on this topic.

LESSONS:

1

WHAT IS COMPLICITY AND HOW TO ENHANCE IT IN A COUPLE.

Definition and benefits of intimacy in a couple.

[WATCH LESSON](#)

2

AVOIDING MISUNDERSTANDINGS

- Removing barriers
- Breaking prejudices
- Myths about communication

[WATCH LESSON](#)

3

VULNERABILITY IN COMMUNICATION.

- Why we feel vulnerable
- Tips to improve intimacy and communication in a couple
- Speaking your mind
- Learning to listen

[WATCH LESSON](#)

4

TOOLS FOR BETTER COMMUNICATION.

- List of things you would like to tell your partner
- List of ways to break the monotony

[WATCH LESSON](#)


5

BREAKING THE MONOTONY.

- How to make a kit for a enhanced encounter
- Questions to ask each other as a couple
- How to propose new fantasies

[WATCH LESSON](#)

DO YOU WANT TO SEE MORE COURSES?




**UNDERSTANDING
AND GETTING OVER
PREMATURE
EJACULATION**

GO TO COURSE




**EVERYTHING YOU
SHOULD KNOW
ABOUT DELAYED
EJACULATION**

GO TO COURSE



**ALL THE KEYS
OF THE ERECTILE
DYSFUNCTION**

GO TO COURSE



**PORN: WHAT
SHOULD BE
THE LIMIT?**

GO TO COURSE



**SPORT AND
SEXUAL LIFE**

GO TO COURSE



**NUTRITION AND
SEXUAL LIFE**

GO TO COURSE



**HOW TO LAST
LONGER IN BED?**

GO TO COURSE



**SEXUAL HEALTH
EVERYTHING YOU
SHOULD KNOW**

GO TO COURSE




**MYHIXEL
ACADEMY**



MYHIXEL

#NextLevel #SexLevel



© All rights reserved. No part of the copyrighted material may be reproduced in whole or in part, or used in any form or by any means, electronic or mechanical, including photocopying, recording, transmission or any information storage and retrieval system, without the prior written permission of MYHIXEL.

MYHIXEL®