



## Clinical Proof Supporting D-Mannose For Recurring UTIs

Source: NIH National Library of Medicine - March 2022 article in Nutrition Journal



**Article Title:** “Role of D-mannose in urinary tract infections – a narrative review”

**Verbatim Summary Conclusions:** “Due to increasing antibiotic resistance among UTI pathogens, the burden caused by UTIs is expected to increase creating a high demand for alternative options. For the treatment of acute UTI, antibiotics are likely to remain the first choice. Supplementing antibiotics with D-mannose may increase treatment success.

However, for prophylaxis in reducing rUTI, D-mannose appears to have great potential with minimal side effects. The overall picture of preclinical and clinical studies with D-mannose in the management of UTI is favorable, as discussed here and in a recent narrative review by De Nunzio et al.”



## Clinical Proof Supporting D-Mannose for Cystitis

Source: NIH National Library of Medicine -March 2022 article in *Antibiotics* magazine



**Article Title:** “Why D-Mannose May Be As Efficient as Antibiotics in the Treatment of Acute Uncomplicated Lower Urinary Tract Infections - Preliminary Considerations and Conclusions from A Non-Interventional Study”

**Verbatim Summary Conclusions:** “Our post hoc analysis shows that patients using D-mannose as monotherapy in acute uncomplicated cystitis (AUC) achieved very good clinical cure rates, similar to those achieved by patients receiving antibiotic treatments.

Furthermore, symptom relief after 3 days of treatment was also comparable between D-mannose monotherapy and antibiotics.



## About D-Mannose



D-Mannose is a natural supplement that clears, and protects against, recurring urinary tract infections by blocking bacterial adhesion to urothelial cells. Proven to eliminate *E. Coli* and *Klebsiella pneumoniae*. To find out how it works, go to <https://goodbye-uti.com/products/goodbye-uti-d-mannose-powder> and watch the video.

Encouraging your patients to take D-Mannose, either alone or as a “booster” to antibiotics, will allow them to feel better faster and stay healthy longer.

## About Goodbye UTI

We’re focused on research and product development for urinary tract infections. We provide an entire line of the highest quality natural products manufactured to our specifications by well-known, cGMP compliant US suppliers.

We provide support to over 7000 customers today with an educational blog known as **Understanding UTIs**, as well as customer guidance by phone and website chat and email service.

Please read our customer reviews at [www.goodbye-uti.com](http://www.goodbye-uti.com).

Here’s what one customer had to say: *“I have worked with Dr's for years and have yet to find anything that provided true relief. After two weeks of use, most symptoms had gone away. This has been life changing!”* – Grant L