# RING SIZING GUIDE 

## SET THE PRINTER TO "PRINT TO SIZE"

TO GET THE MOST ACCURATE RESULTS, MAKE SURE TO PRINT AT 100\% SCALE. TO ENSURE THAT YOU HAVE PRINTED THE DOCUMENT SUCCESSFULLY, MATCH A REAL RULER TO THE RULER BELOW. IF THIS RULER DOES NOT MATCH A REAL RULER, YOUR RING WILL NOT FIT PROPERLY.


## ALREADY HAVE A RING THAT'S THE PERFECT SIZE?

SELECT A RING THAT PROPERLY FITS THE INTENDED FINGER. PLACE THE RING OVER THE CIRCLES BELOW, matching the inside edge of the ring to the circle nearest in size. THIS measurement refers to the INSIDE DIAMETER OF THE RING. IF A RING FALLS BETWEEN TWO SIZES, ORDER THE LARGER SIZE.

14.1 mm

14.9 mm

15.7 mm

16.5 mm

17.3 mm

18.1 mm


19 mm

## LOOKING FOR A DIFFERENT FIT?

CAREFULLY CUT OUT THE PAPER RING SIZER BELOW, THEN CUT ALONG THE DOTTED LINE TO MAKE A SLIT. SLIP THE POINTED END THROUGH THE SLIT AND SLIP IT OVER YOUR FINGER. TIGHTEN THE PAPER AROUND YOUR FINGER WHERE YOU WANT YOUR RING TO SIT. MAKE SURE IT'S NICE AND SNUG, BUT STILL FITS EASILY OVER YOUR KNUCKLE. CHECK THE BAND TO SEE THE NUMBER CLOSEST TO THE SLIT - THAT’S YOUR SIZE!


## RING SIZING TIPS

RINGS ARE ONE OF THOSE JEWELRY PIECES THAT DON'T LEAVE MUCH ROOM FOR ERROR IN SIZING

- THIS IS WHY GETTING AN ACCURATE MEASUREMENT IS SO IMPORTANT. WHILE MEASURING YOUR FINGER MAY SEEM SIMPLE, THERE ARE MANY THINGS THAT CAN AFFECT YOUR RESULTS.


## MEASURING YOUR FINGER

Your ring should fit your finger comfortably. It should feel secure, but with enough room to slide over your knuckle with some resistance. So, when measuring, make sure that the ring slider also fits over your knuckle.

Finger size can be affected by the time of day and the weather. For best results measure your finger size at the end of the day, when your fingers are at a more neutral temperature.

## TEMPERATURE IS IMPORTANT

If you're cold, your finger will be smaller; if you're warm, your finger will be bigger. It may not seem like much of a change, but it can make the difference between a well-fitted ring and a tight squeeze.

## WHEN YOU'RE BETWEEN SIZES

If you are trying to decide between two sizes, always order the larger size. It's always better to have a little extra room than not enough!

## DON'T USE STRINGS

Strings tend to stretch, which can result in an inaccurate size. It is best to compare an existing ring, use a paper slider, or visit a local jeweler to get professionally fitted.

## MEASURE BOTH HANDS

The same finger may be bigger or smaller depending on which hand you're measuring. For example, your ring finger on your right hand may be a 6 , while the ring finger on your left may be a size 7. As a general rule, most people's dominant hand is slightly larger.

## CONSIDER YOUR DIET

Diet also affects ring size. Salty foods make your body retain water, which can temporarily result in a larger ring size. Alcohol can bump you up about a half size, too. For best results, wait a full day or two before measuring after having those drinks and salty snacks!

## RING SIZES IN NORTH AMERICA

Women's rings typically range from sizes 3 through 10. The most commonly purchased women's ring sizes at Leah Alexandra range from size 5 to 8 . Size 6 is our most popular ring size.

## INTERNATIONAL SIZE CONVERSION

If ordering from outside of North America, you can still use our ring sizing tools! Or determine your ring size according to your country's standard, and use the International Ring Size Chart to convert to the corresponding US ring size. We guarantee to make the size that is ordered, but we cannot be responsible for conversions or fitting.

WHILE WE'VE CREATED THESE SIZING TOOLS TO HELP YOUR DETERMINE YOUR RING SIZE, WE HIGHLY RECOMMEND VISITING A LOCAL JEWELER AND GETTING SIZED IN PERSON. IF YOU LIVE NEAR OUR HERITAGE STUDIO IN GASTOWN OR NEAR ONE OF OUR RETAILERS, DROP IN AND TRY ON SOME RINGS IN PERSON. WE'D LOVE TO MEET YOU!

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