



Wintergreen

Gaultheria Procumbens Essential Oil

Wintergreen has a wonderfully uplifting smell and is often found in candies, toothpaste, and chewing gum.

Size: 15ml

Size: 5ml

APPLICATION METHODS:



Can be used topically



Can be used aromatically

Primary Benefits

Creates a warm and soothing massage helping to pull down inflammation in the body, promotes an uplifting and stress-relieving atmosphere, frequently used in candy, gum, and some toothpastes.

Directions for Use

Diffusion: Use three to four drops in a diffuser

Topical use: Apply one to two drops to desired area. Dilute with Spark Naturals Carrier Oils to help with any skin sensitivity.

Cautions

DO NOT CONSUME: Keep out of reach of children. Possible skin sensitivity. If pregnant or nursing, please consult with your physician before using. Always avoid contact with eyes.

Aromatic Description

Minty, sweet, fresh

Collection Method

Steam Distillation

Plant Part

Leaf

Main Constituents

Methyl salicylate

Description

Wintergreen is very soothing to the body and is wonderful when used in a massage blend. Wintergreen is able to assist the body with inflammation and pain and is often found in topical creams and massage blends because of this. Wintergreen is very stimulating when diffused and can promote a feeling of wellness and calm.

Uses

- Add to carrier oil to use as a warming and soothing massage to the skin
- Add to bath for a calming and stress-relieving experience
- Diffuse to promote feelings of calm and peace
- Add to mouthwash to promote good oral health

Properties

Antispasmodic, anti-inflammatory, anti-rheumatic, antiseptic, analgesic, disinfectant, anticoagulant, vasodilator and stimulant (bones).

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



Experience All That
Nature Has To Offer At
www.sparknaturals.com