Tangerine
Citrus Tangerinia Essential Oil

This zesty and uplifting oil is great at relieving stress and digestive problems as well as increasing circulation to the skin.

Size: 15ml
Size: 5ml

Description
Tangerine is soothing to the nervous system and has a tonic effect on the digestive system. This essential oil provides important antioxidants that support a healthy immune and respiratory system. Tangerine can be used to help soothe anxious feelings and manage stress. It is also a wonderful addition to your morning smoothie.

Uses
- Diffuse to reduce stress and tension, while also boosting the digestive system
- Add to carrier oil or bath to assist nervous system, reduce flatulence, constipation, and other digestive complaints
- Add to base cream to help prevent stretch marks when pregnant
- Add 1-2 drops to your morning smoothie
- Diffuse to uplift mood and calm anxiety

Properties
antiseptic, antispasmodic, cytophylactic, depurative, sedative, stomachic and tonic.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Primary Benefits
Supports a healthy and strong immune system, prevent stretch marks when pregnant, uplifting and supports positive mood, cleansing and purifying, contains powerful antioxidants

Directions for Use
Diffusion: Use three to four drops in a diffuser
Internal use: Dilute one drop in 4 fl. oz. of liquid
Topical use: Apply one to two drops to desired area. Dilute with Spark Naturals Carrier Oils to help with any skin sensitivity.

Cautions
Keep out of reach of children. Possible skin sensitivity. If pregnant or nursing, please consult with your physician before using. Always avoid contact with eyes.

Aromatic Description
Tangy, sweet, fresh

Collection Method
Cold Compression

Plant Part
Peel/Rind

Main Constituents
Limonene

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