



Patchouli

Pogostemon Cablin Essential Oil

Valued for its skincare effects, Patchouli is also great for fighting depression and anxiety. A member of the mint family, Patchouli stimulates the regeneration of skin cells, speeding up healing.

Size: 15ml

Size: 5ml

APPLICATION METHODS:



Can be used topically



Can be used internally



Can be used aromatically

Primary Benefits

Balancing and grounding effect on emotions, aid in the reduction of cellulite, aids in a smooth, glowing complexion, aids in reducing the appearance of wrinkles, blemishes, and skin imperfections.

Directions for Use

Diffusion: Use three to four drops in a diffuser

Internal use: Dilute one drop in 4 fl. oz. of liquid

Topical use: Apply one to two drops to desired area. Dilute with Spark Naturals Carrier Oils to help with any skin sensitivity.

Cautions

Keep out of reach of children. Possible skin sensitivity. If pregnant or nursing, please consult with your physician before using. Always avoid contact with eyes.

Aromatic Description

Musky, sweet, strong, herbaceous

Collection Method

Steam Distillation

Plant Part

Leaf

Main Constituents

Patchouli alcohol, a-Bulnesene, a-Gualene

Description

Patchouli, mixed with Camphor, gives Indian ink its characteristic smell. It has a very distinct, rich, musky aroma. It has been used in perfumes as well as air fresheners and other home products. Patchouli is very beneficial to the skin, functioning by reducing the appearance of fine lines and wrinkles, blemishes, and small skin imperfections while promoting a smooth, youthful, glowing complexion. It also helps break down cellulite, while stimulating the regeneration of skin cells, speeding up healing and preventing ugly scars forming as wounds heal. The aroma of Patchouli has a grounding and balancing effect.

Uses

- Diffuse to fight anxiety and depression and create an uplifting atmosphere
- Apply one to two drop to skin to aid in reducing the appearance of wrinkles, blemishes, or problem skin areas. You can also add to your favorite moisturizer.
- Apply neat with a cotton bud on insect bites
- Add to a base cream to help stimulate the formation of new skin cells and fight cellulite
- Apply to the temples or back of the neck after a period of stress

Properties

Antidepressant, Antiseptic, Aphrodisiac, Astringent, Deodorant, Diuretic, Insecticide, Sedative and Tonic

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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