



Clove Bud

Eugenia Caryophyllata Essential Oil

Clove is a very warm, strong oil that can ease respiratory problems as well as aid in digestion. It is an energizing oil that can stimulate the mind.

Size: 15ml

Size: 5ml

APPLICATION METHODS:  Can be used topically  Can be used internally  Can be used aromatically

Primary Benefits

Aids in cleansing teeth and gums, relieves toothache and respiratory problems, strong antioxidant properties, aids in cardiovascular health.

Directions for Use

Diffusion: Use three to four drops in a diffuser

Internal use: Dilute one drop in 4 fl. oz. of liquid

Topical use: Apply one to two drops to desired area. Dilute with Spark Naturals Carrier Oils to help with any skin sensitivity.

Cautions

Keep out of reach of children. Possible skin sensitivity. If pregnant or nursing, please consult with your physician before using. Always avoid contact with eyes.

Aromatic Description

Very spicy, warm, strong, woody

Collection Method

Steam Distillation

Plant Part

Bud

Main Constituents

Eugenol

Description

Because of its chemical constituents, Clove is very effective as a warming massage oil and also contains strong antioxidant properties that can support cardiovascular health when taken internally. Clove is valuable for relieving respiratory problems and can also be used for acne, bruises, burns, and cuts. It is also an effective pain reliever. When used as a cooking spice, Clove adds a strong, spicy flavor to any dish. One drop can cleanse the teeth and gums while also aiding in fresh breath.

Uses

- Place a few drops on cotton ball in a linen cupboard to keep moths at bay
- Add one drop to toothpaste to clean teeth and gums
- Place one drop in two ounces of water and gargle for a soothing effect
- Diffuse to aid in dizziness and to help lift depression as well as fighting weakness
- Add to Spark Naturals Fractionated Coconut Oil to use as a massage oil to assist arthritis and toothache
- Take in veggie caps to support cardiovascular health

Properties

Analgesic, Anti-Infectious, Disinfectant, Stimulant and Antiseptic

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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